

Engine Room Retreat



THE WORKBOOK



workshopwhisperer

A HUGE THANKS TO OUR SPONSORS...

TITANIUM SPONSOR



GOLD SPONSOR



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THE THREE W'S

WINS

What are your biggest wins?

--	--

WORKING

What's working well now?

--

WANT

What do you want out of the next 2 days?

--

YOUR DAY ONE INSIGHTS

PSYCHOLOGY OF RESULTS

1

2

3

BELIEFS VS DECISIONS

1

2

3

JET XAVIER

1

2

3

MASTERMIND

1

2

3



YOUR DAY TWO INSIGHTS

THE IDENTITY SHIFT

1

2

3

MARKERS FOR SUCCESS

1

2

3

STRATEGIC PLANNING

1

2

3

YOUR GAME PLAN

1

2

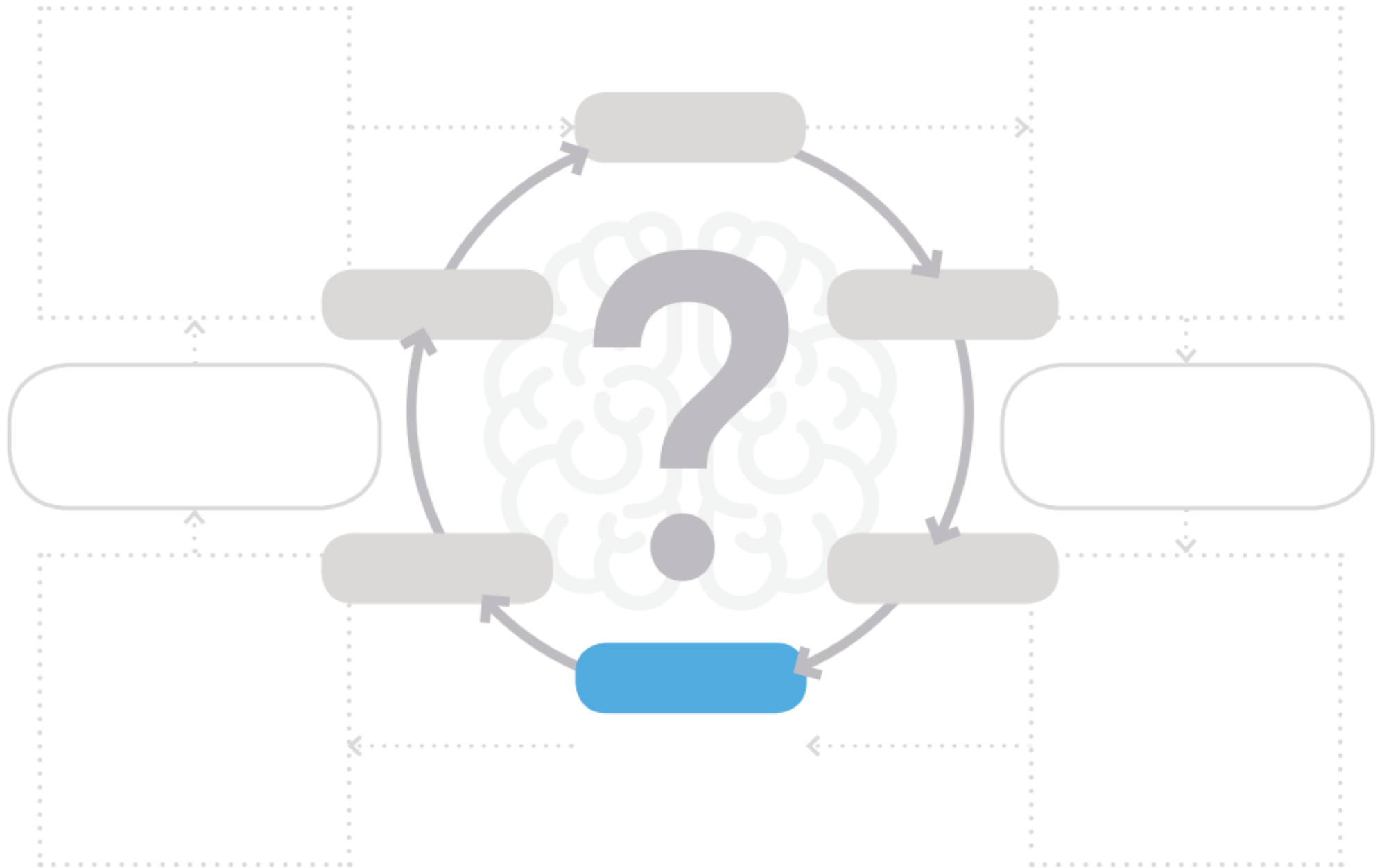
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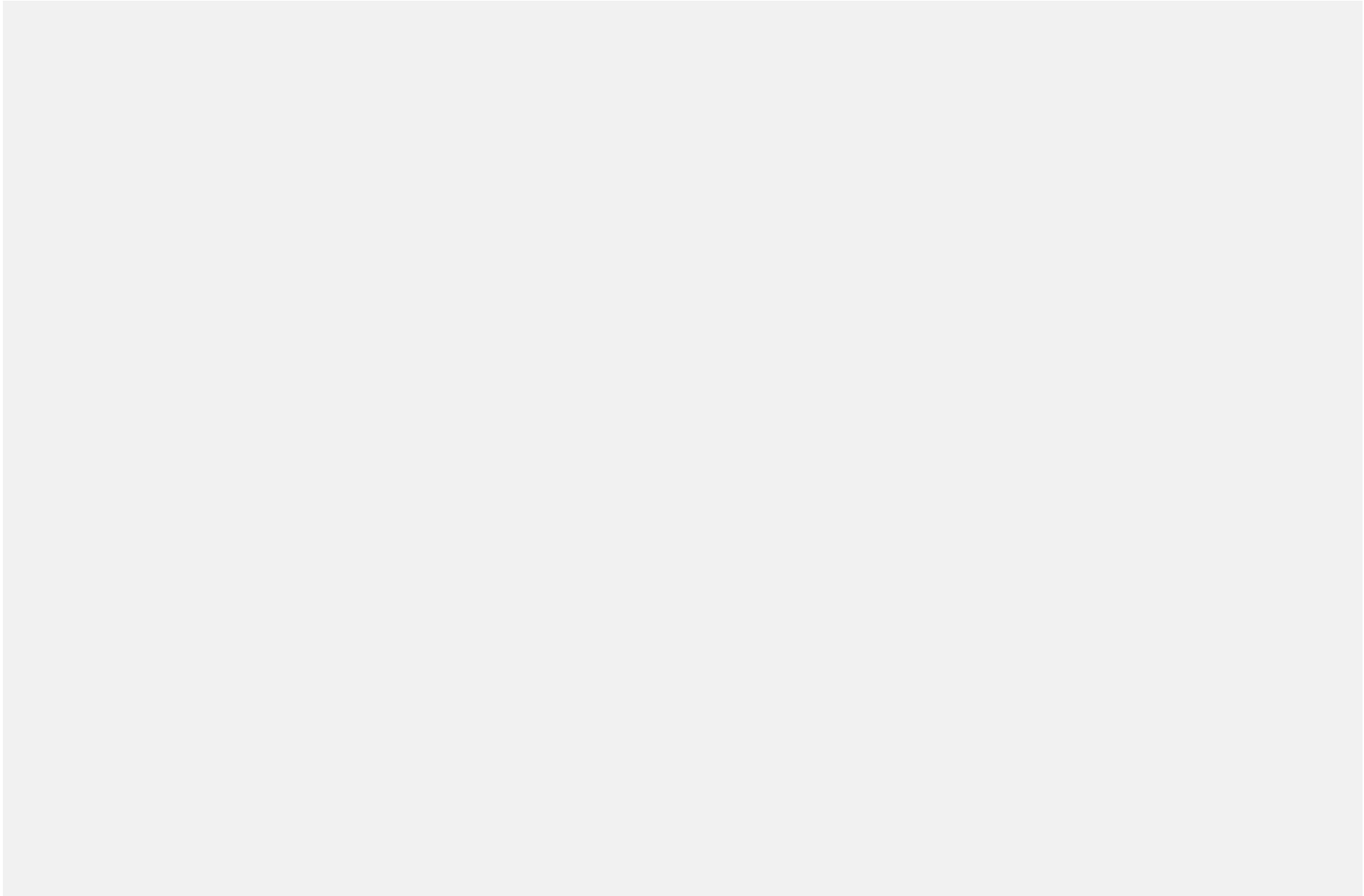
PSYCHOLOGY OF RESULTS



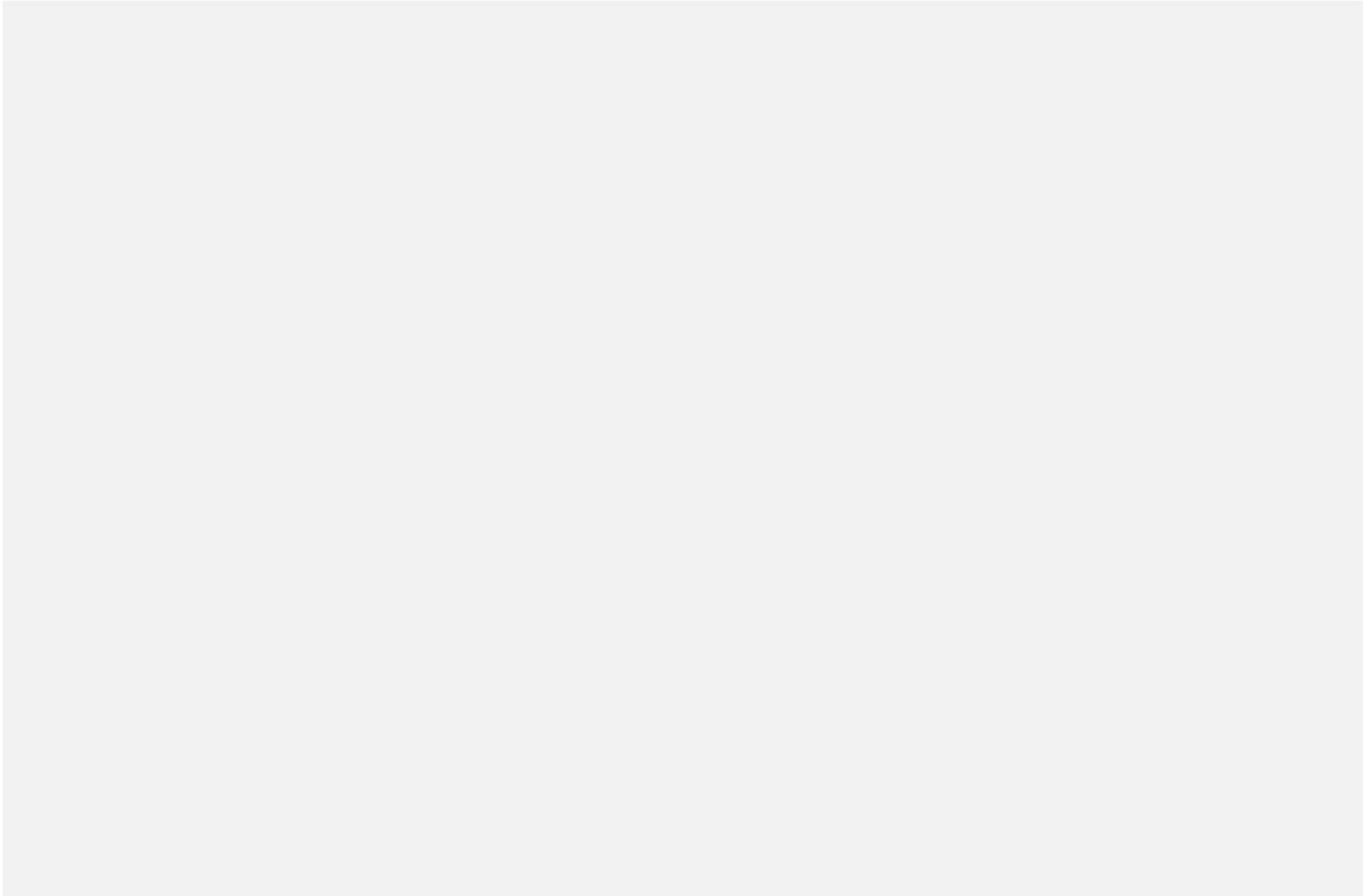
PSYCHOLOGY OF RESULTS



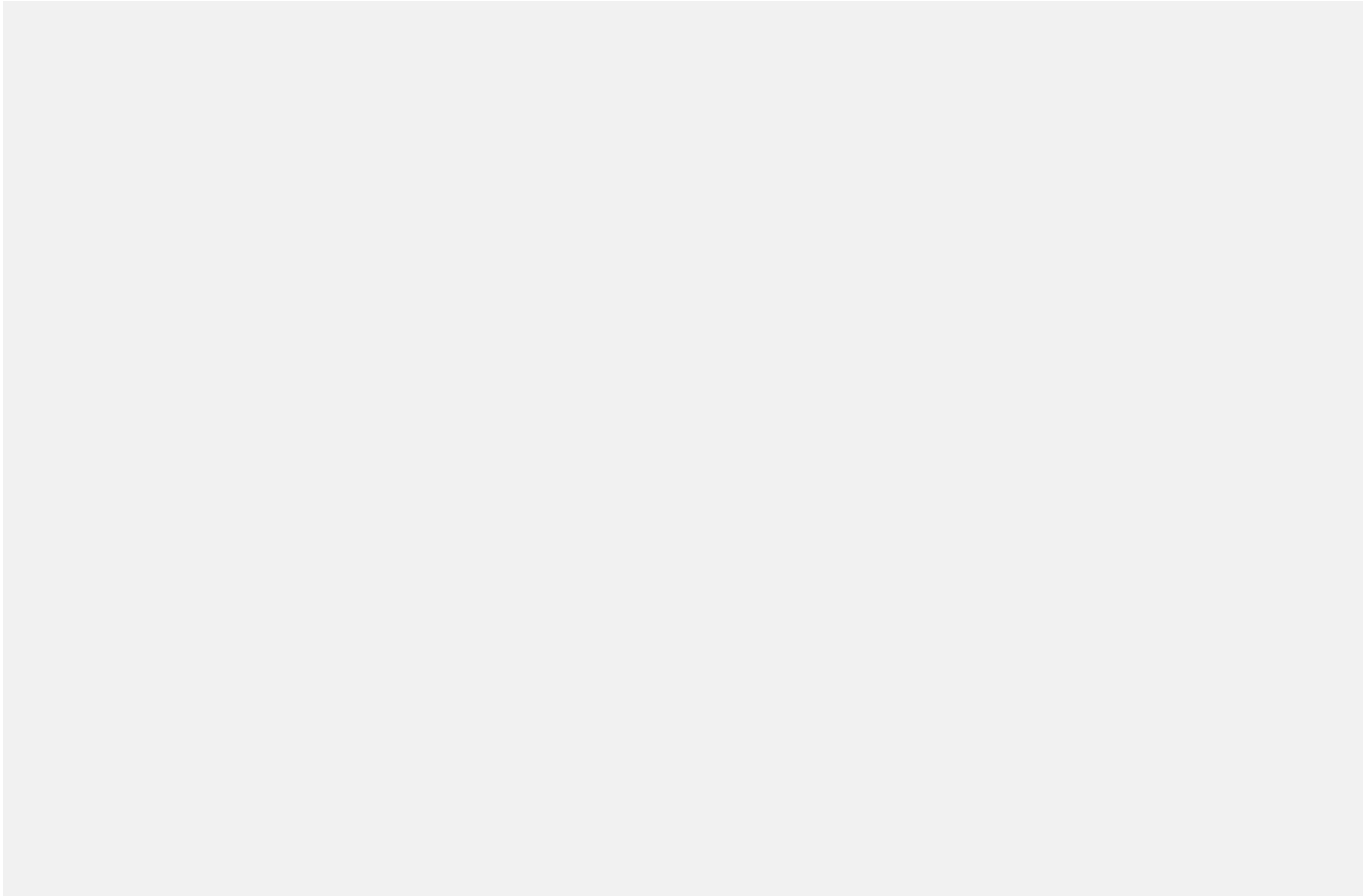
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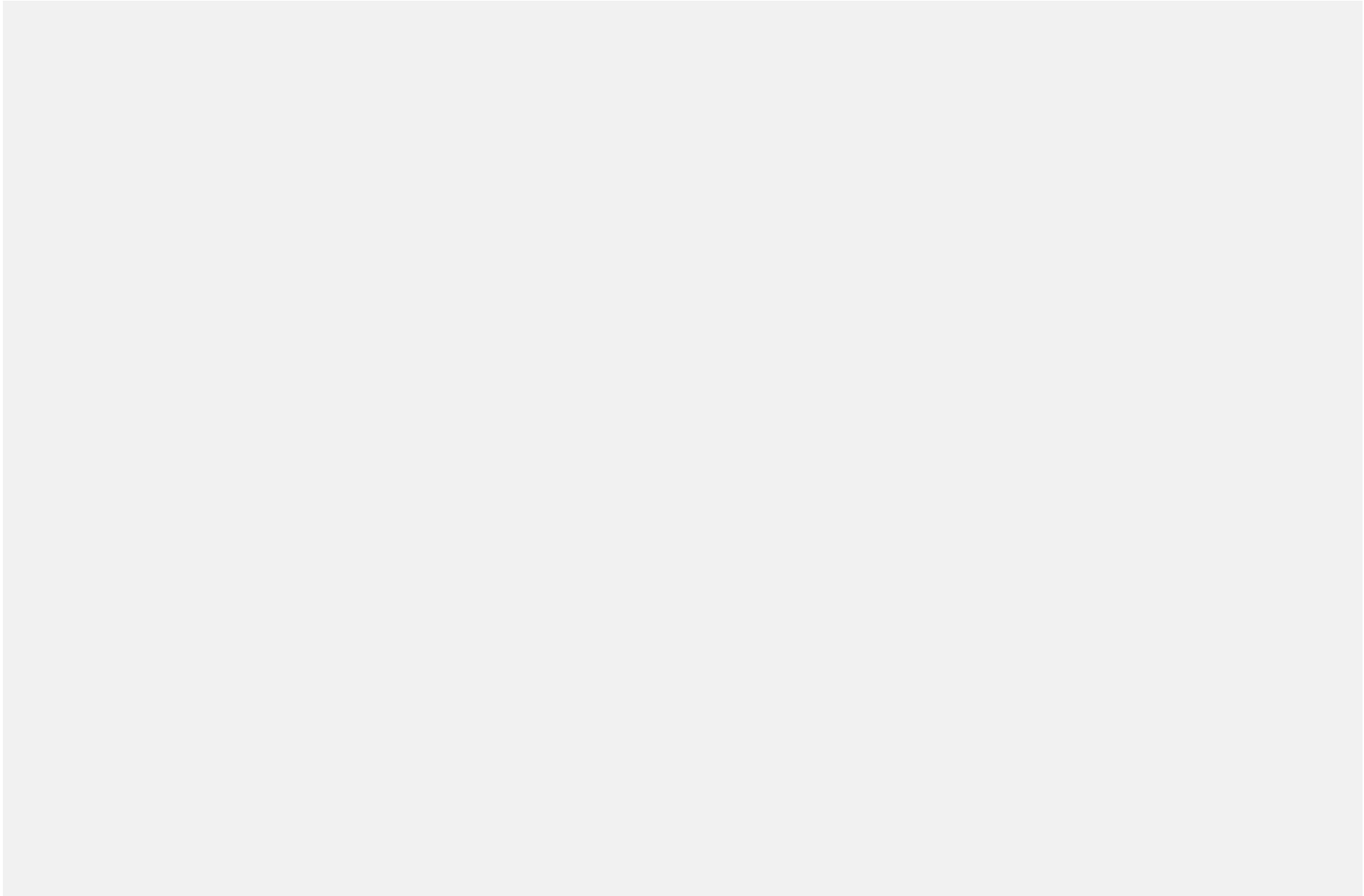
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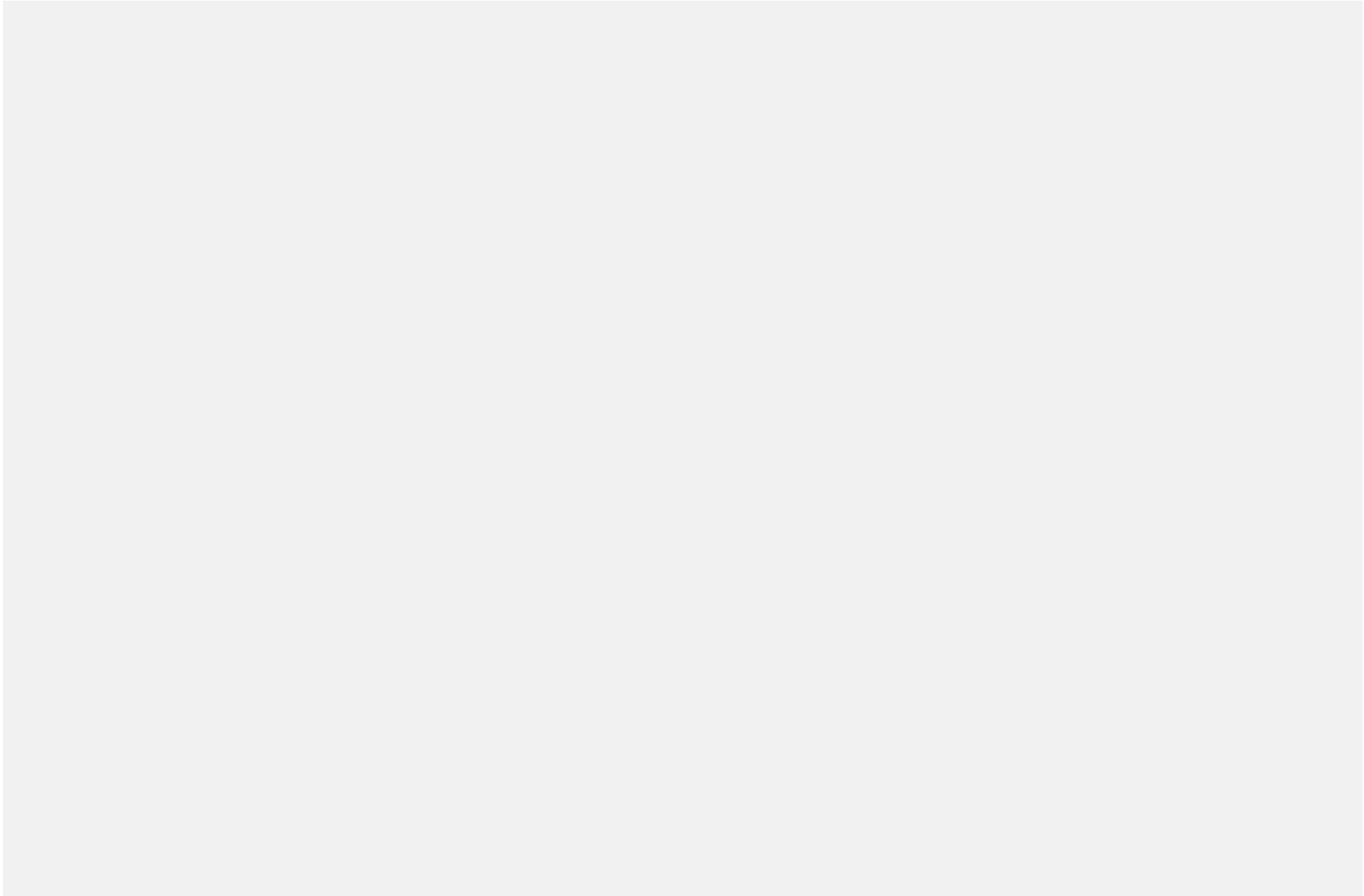
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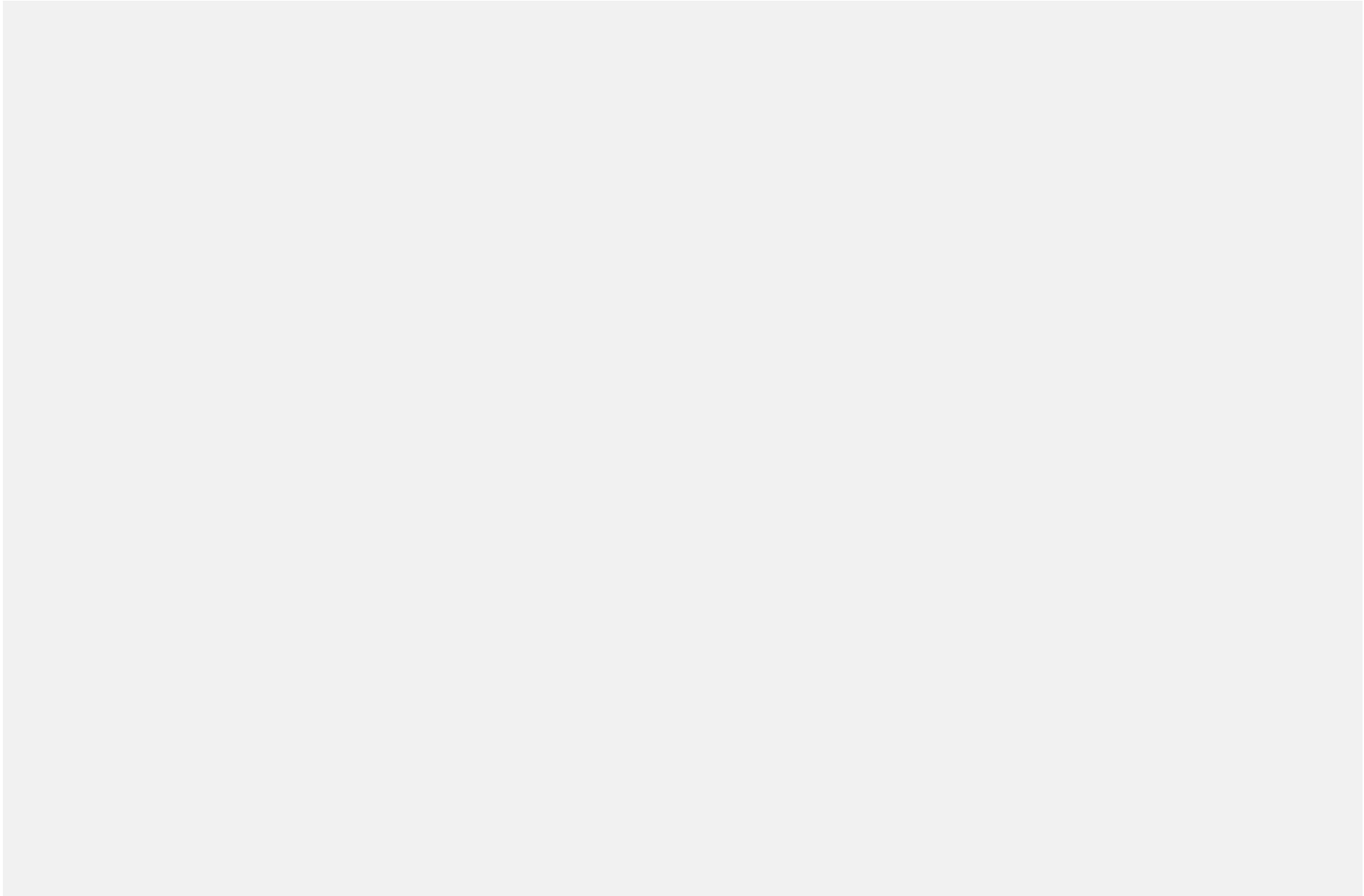
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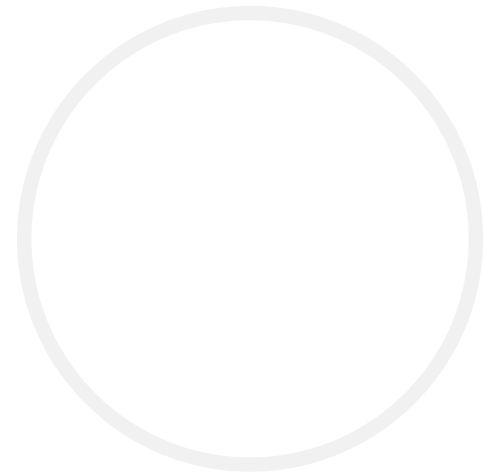
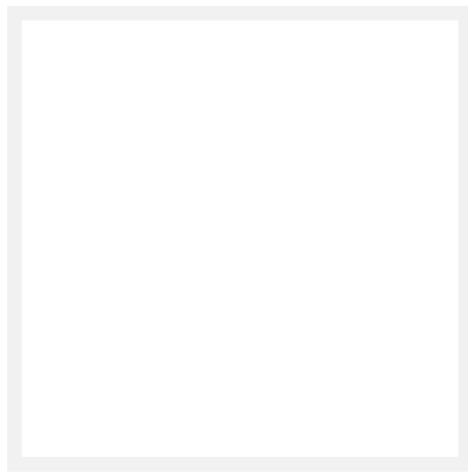
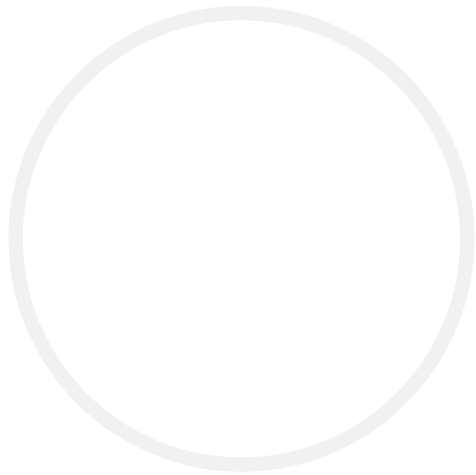


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BELIEFS VS DECISIONS

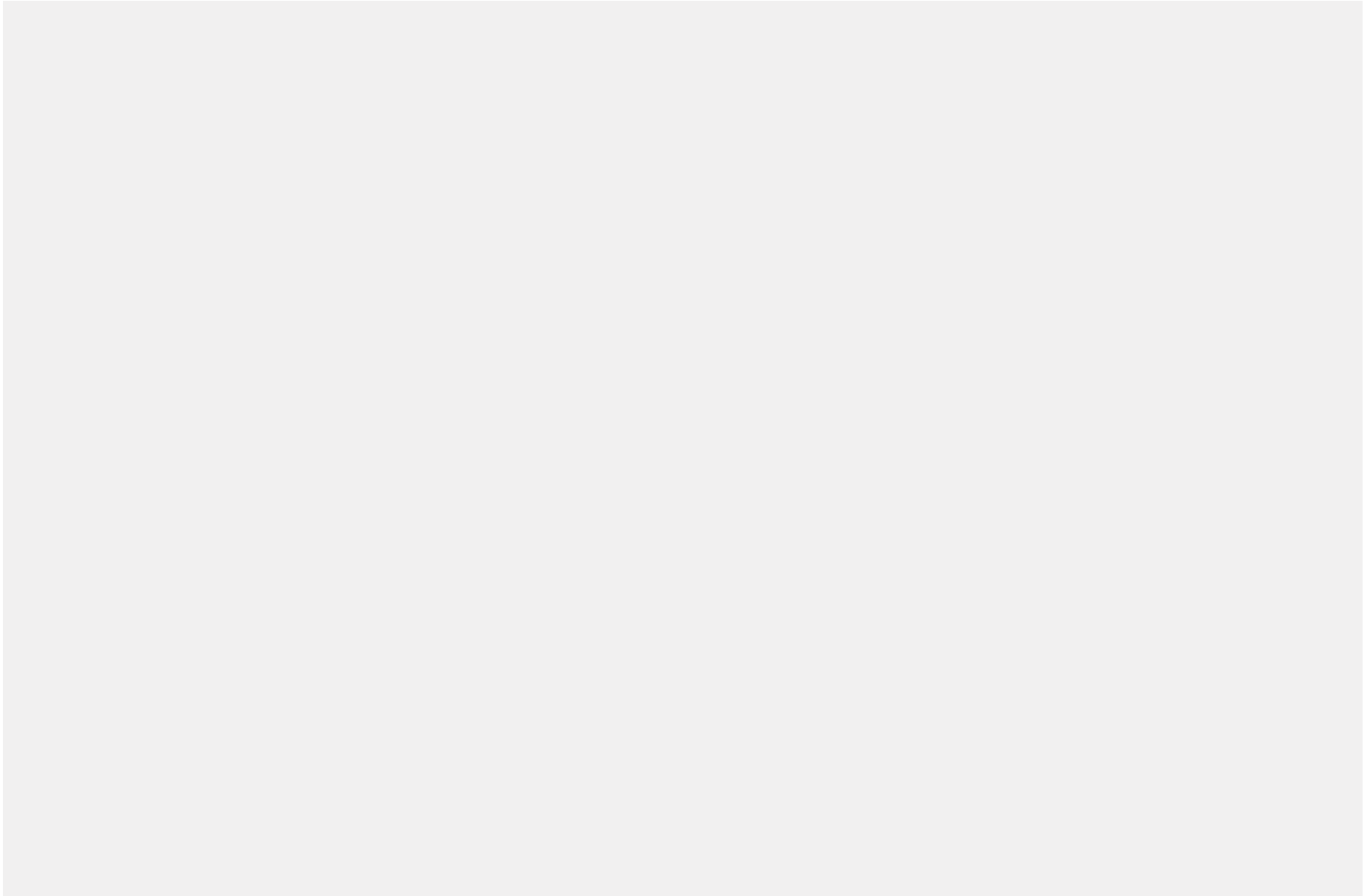




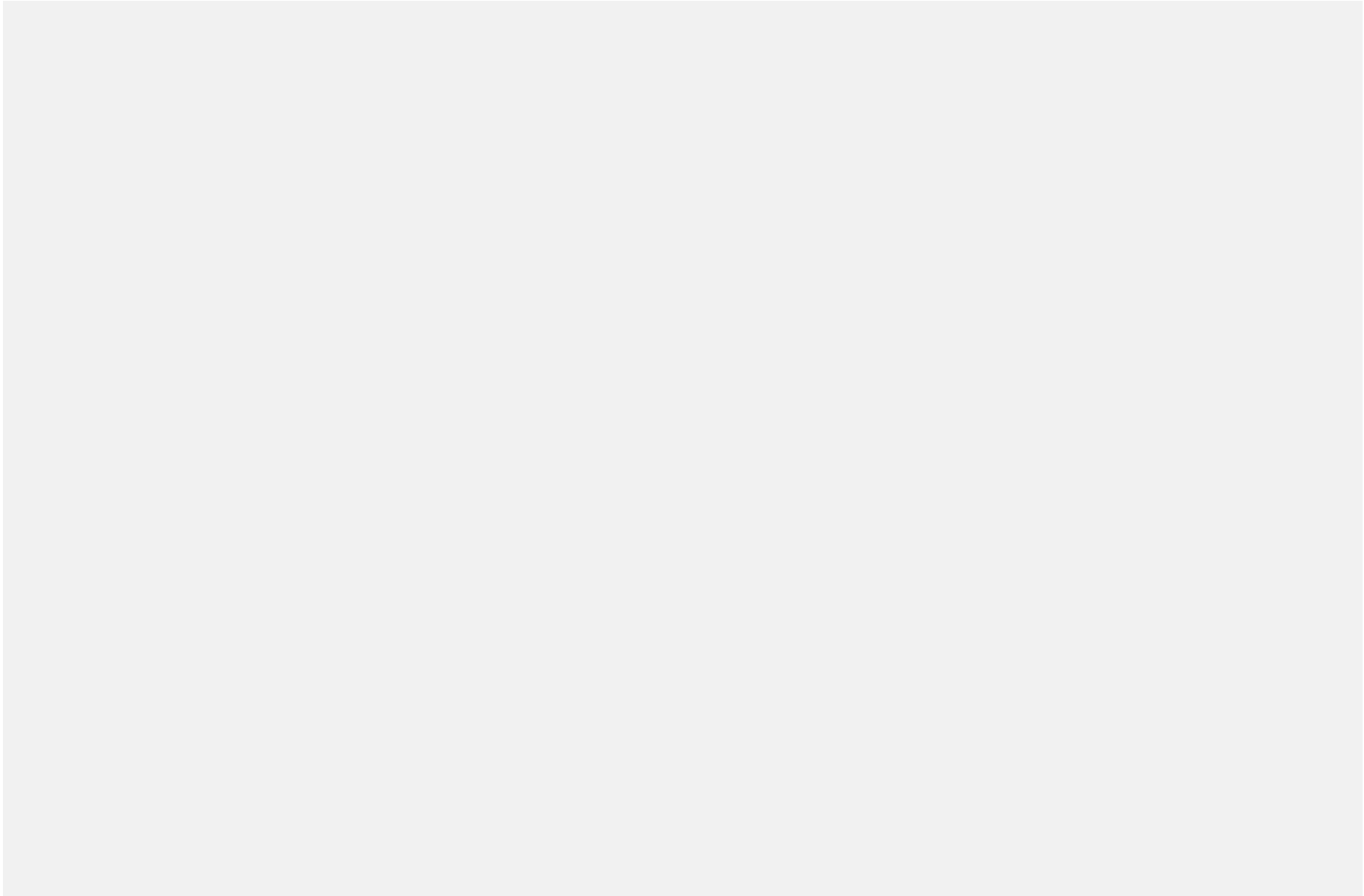
BELIEFS VS RESULTS

	OLD	BELIEF	NEW	DECISION
				
				
				
				

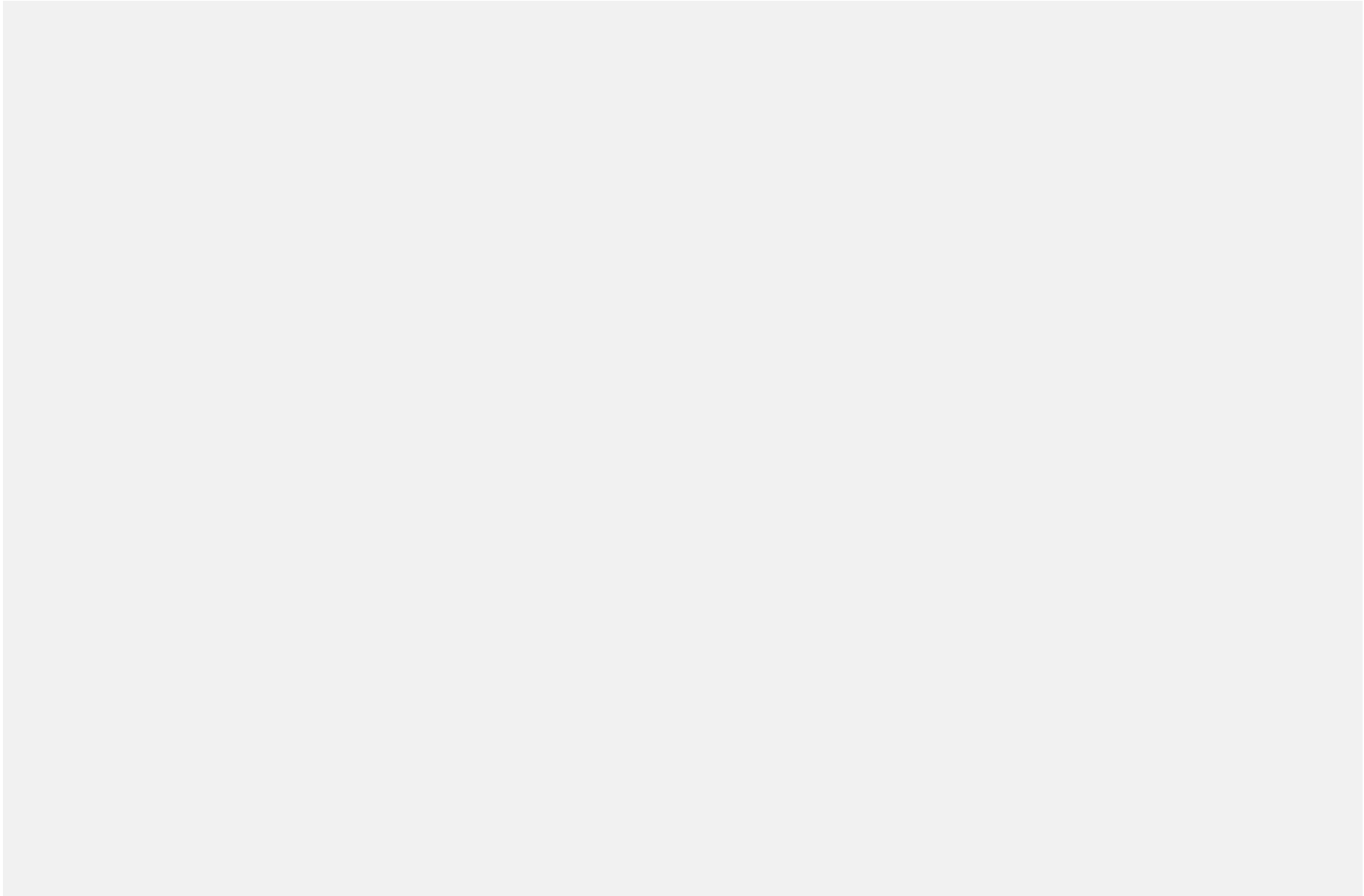
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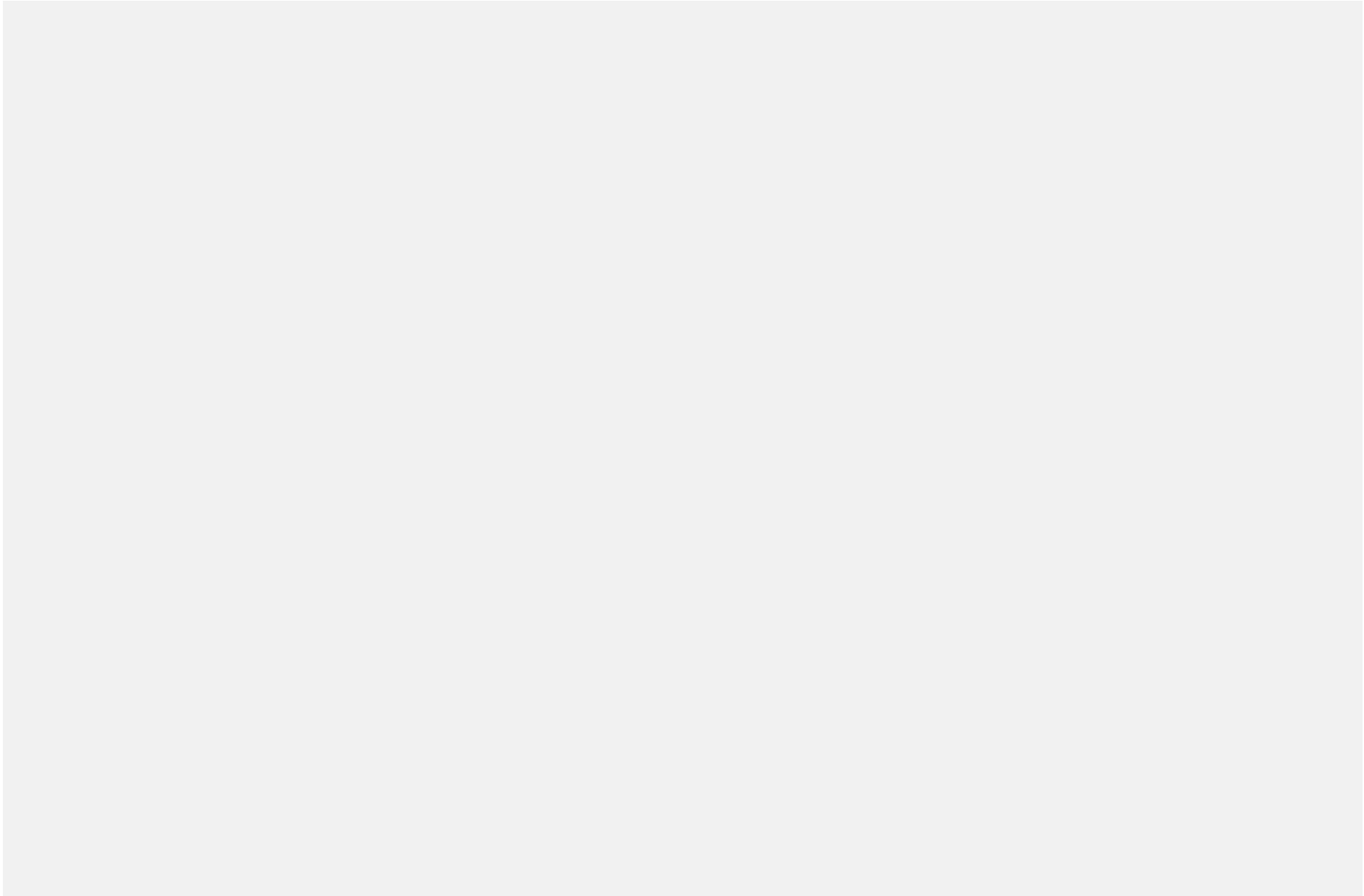
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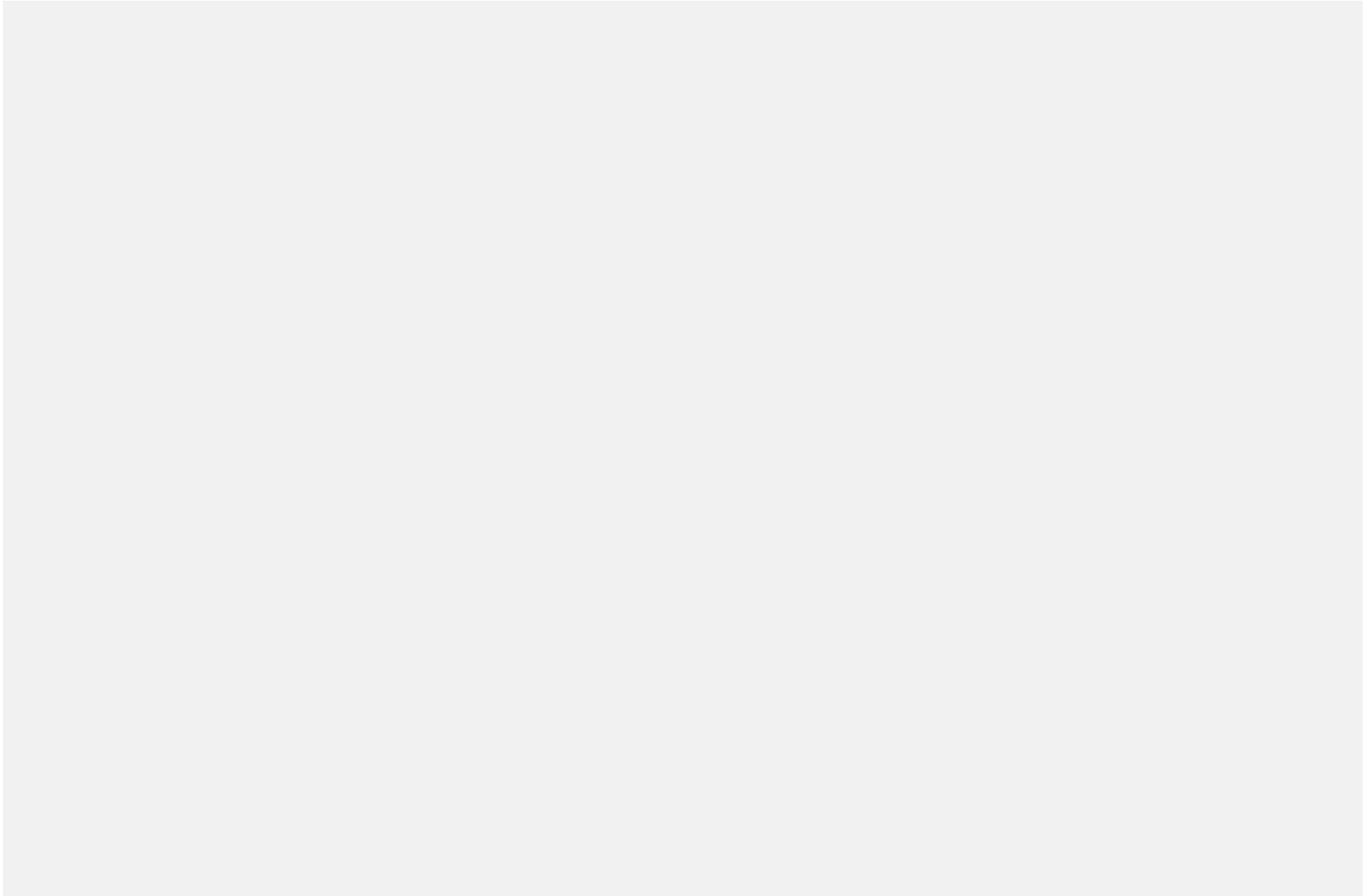
JET XAVIER



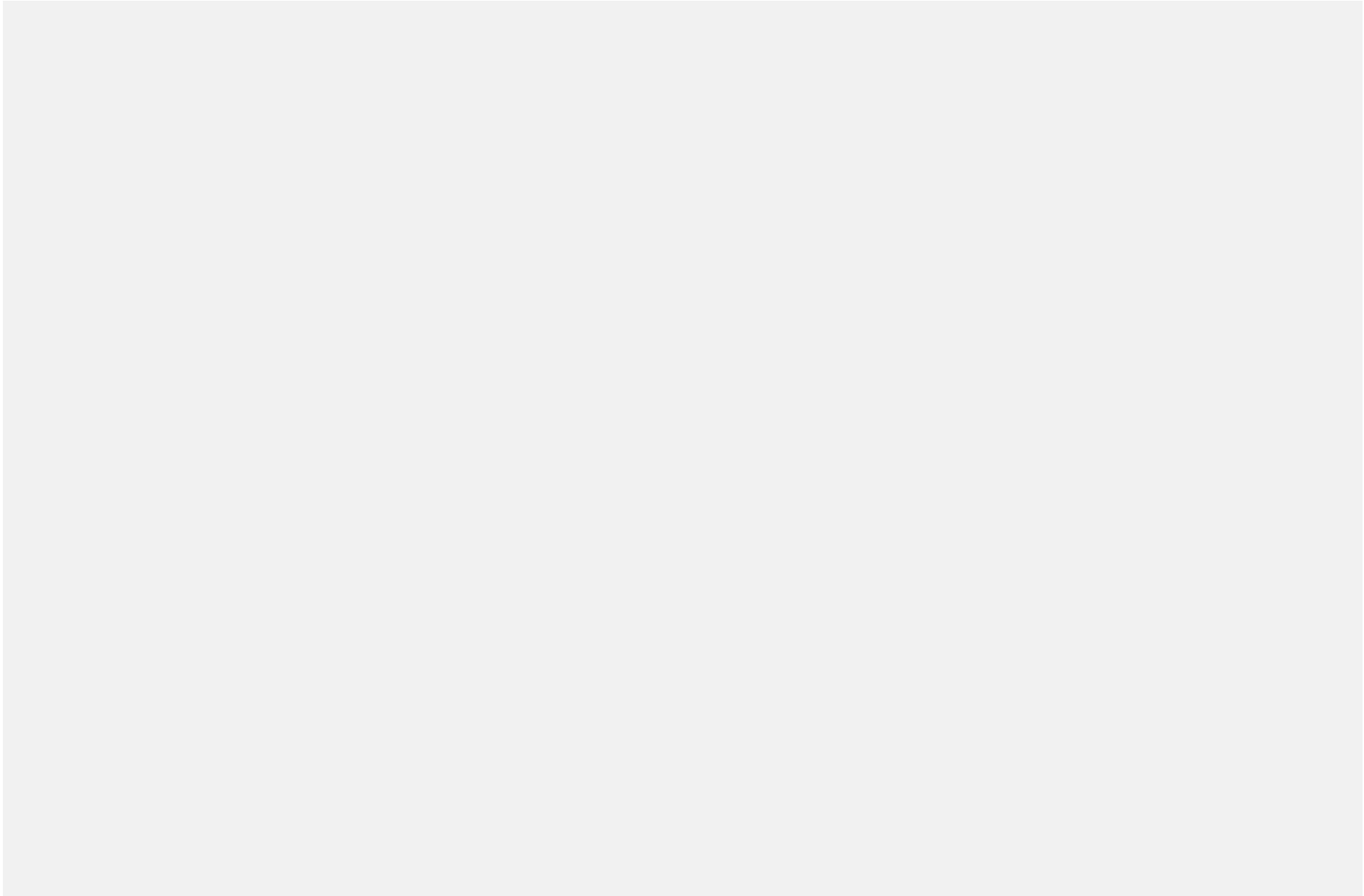
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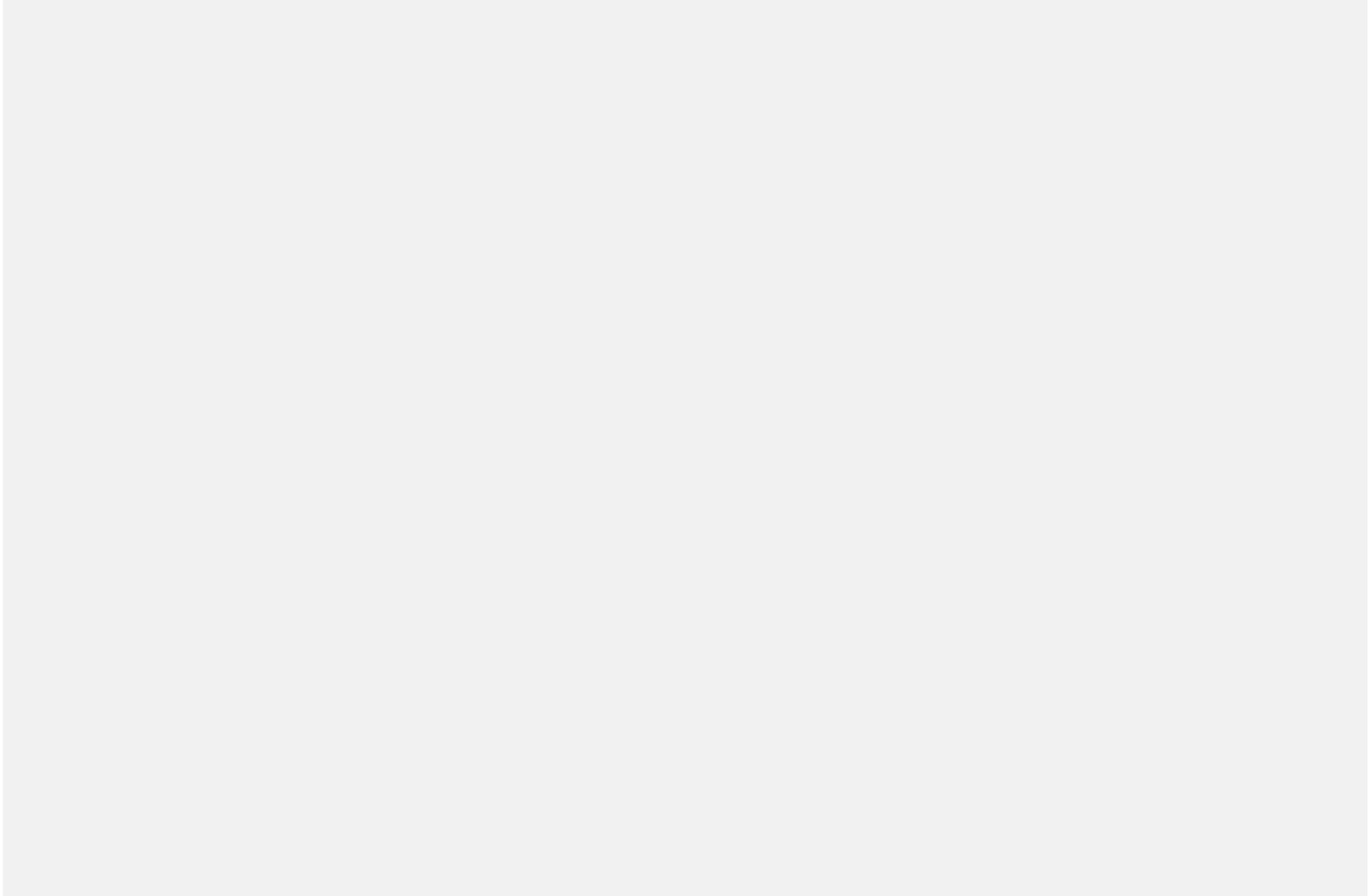
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MASTERMIND



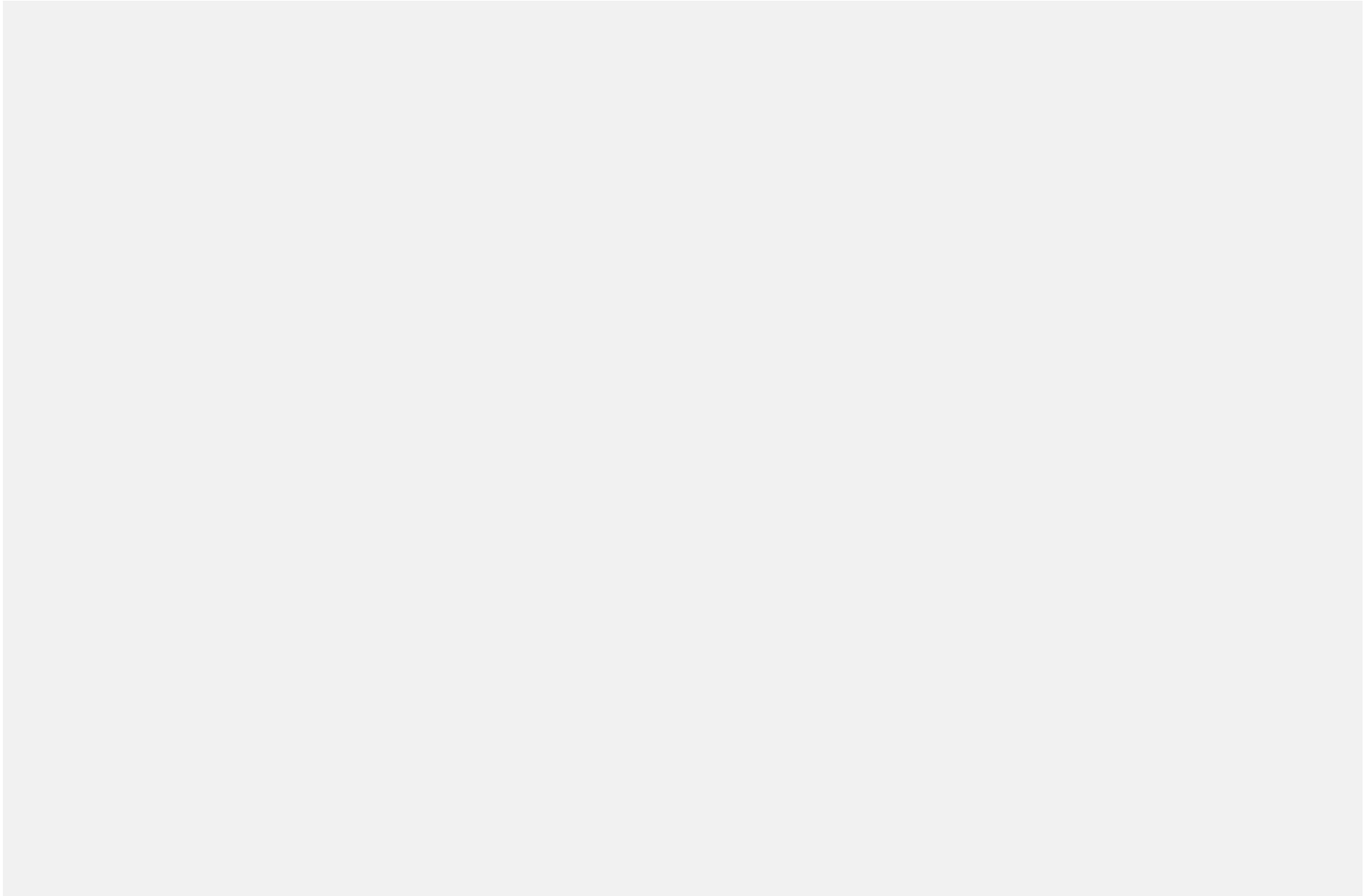
THE #1 THING THAT'S HOLDING ME BACK IS ...	MY SPECIFIC QUESTION IS ...
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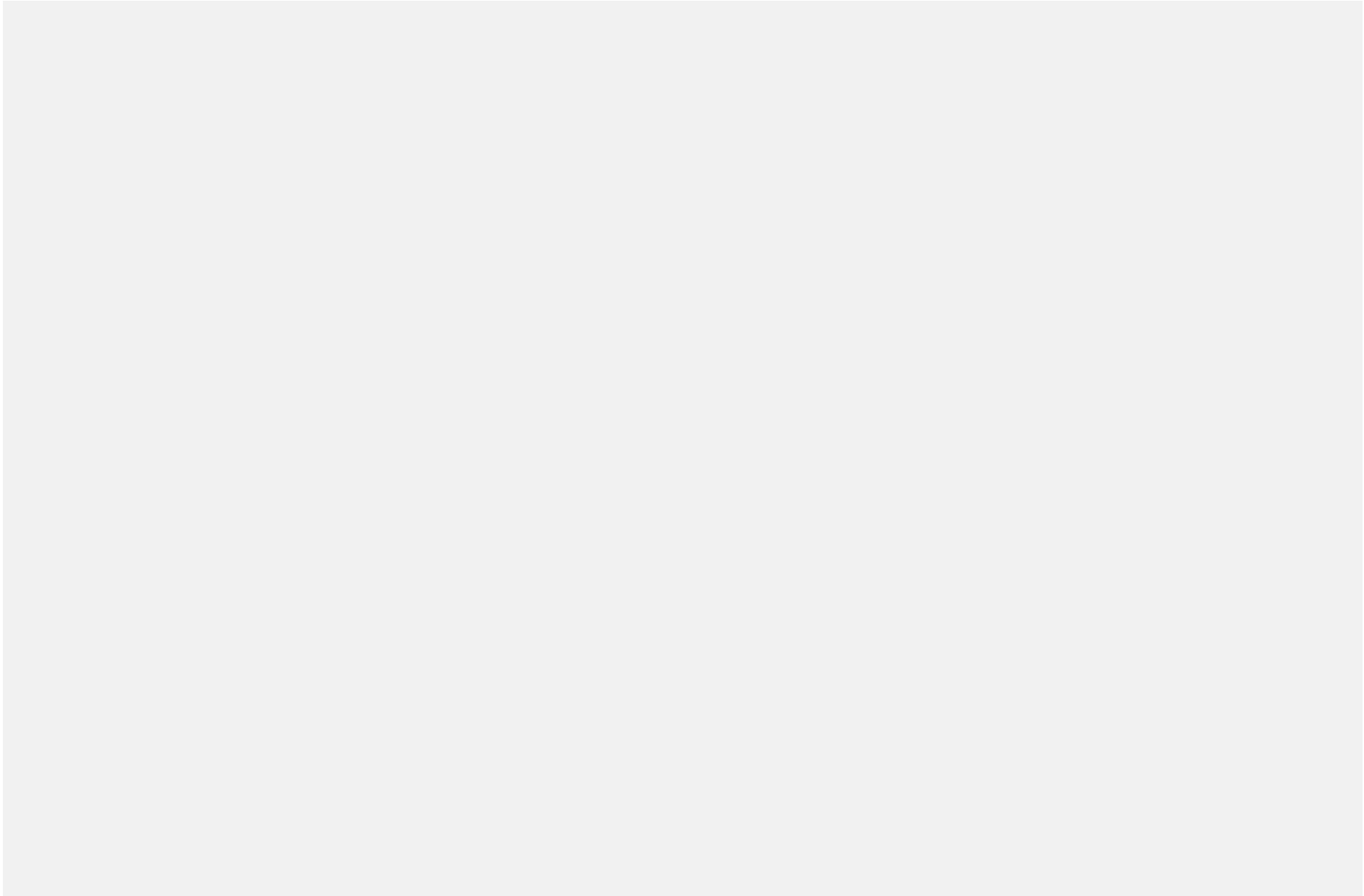
INSIGHT	ACTIONS
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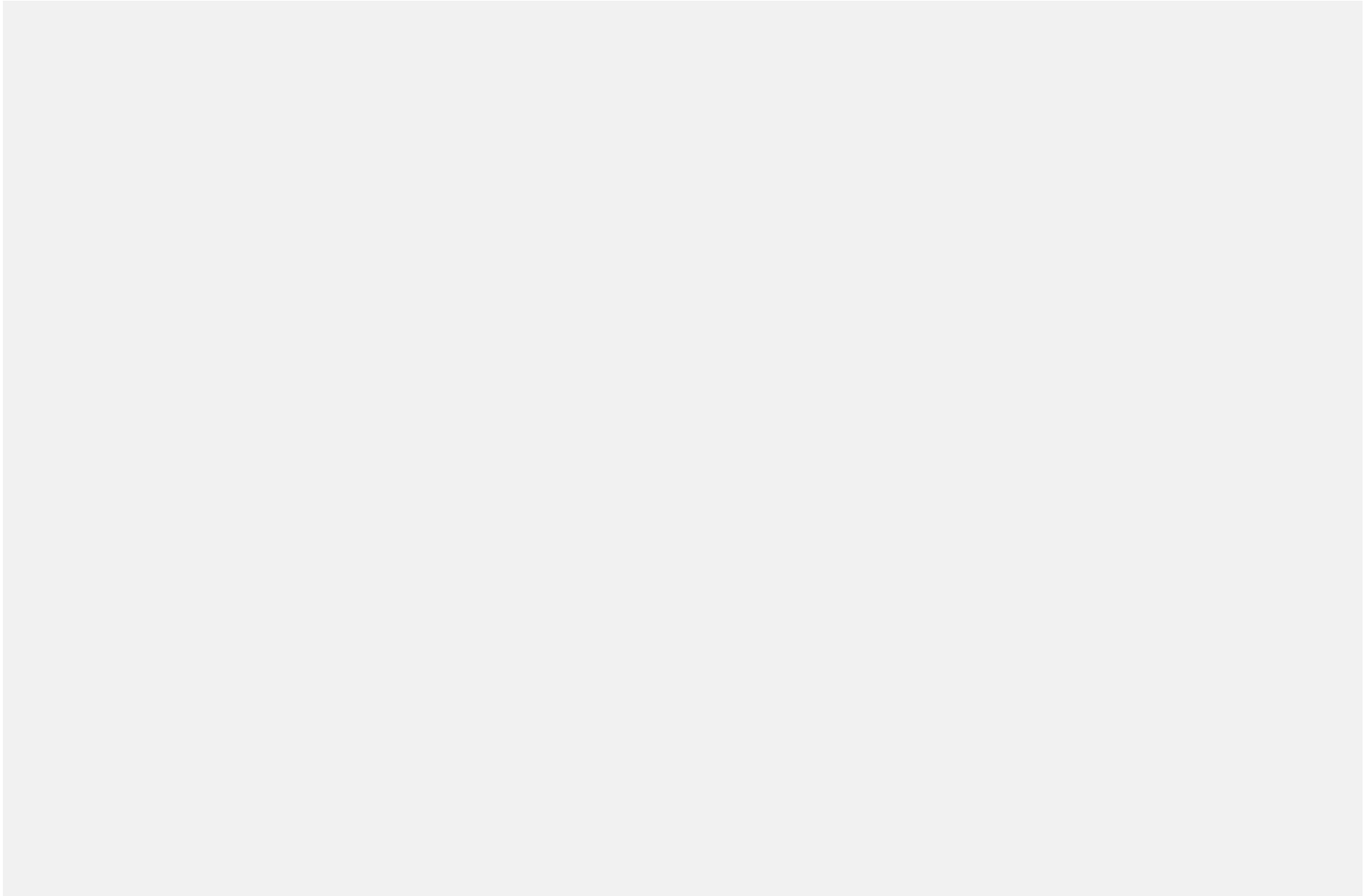
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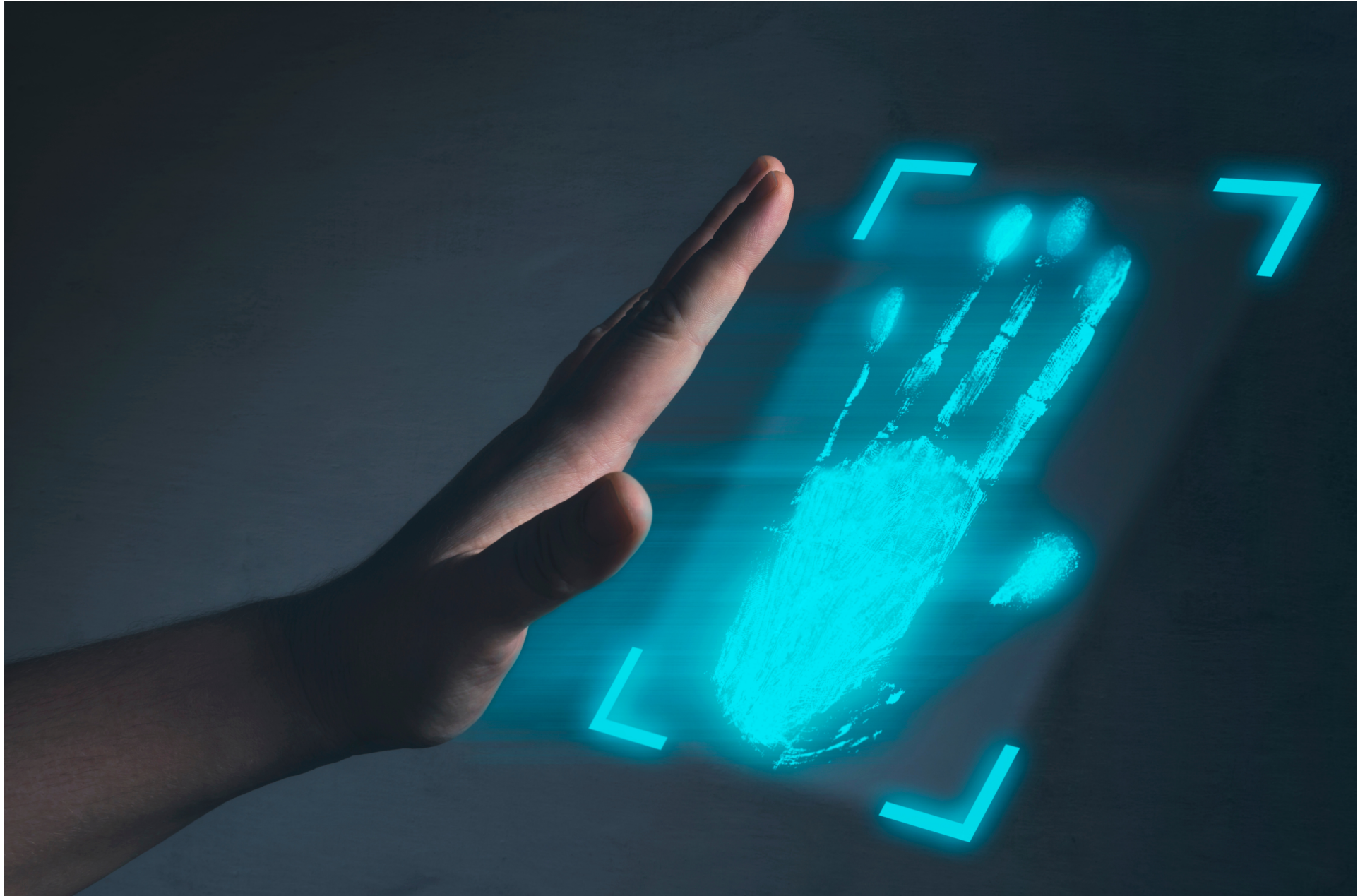
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THE IDENTITY SHIFT





THE IDENTITY SHIFTER

I AM A

Blank horizontal bar for response A

B

Blank horizontal bar for response B

C

Blank horizontal bar for response C

D

Blank horizontal bar for response D

E

Blank horizontal bar for response E

F

Blank horizontal bar for response F

G

Blank horizontal bar for response G

H

Blank horizontal bar for response H

I

Blank writing area for letter I

J

Blank writing area for letter J

K

Blank writing area for letter K

L

Blank writing area for letter L

M

Blank writing area for letter M

N

Blank writing area for letter N

O

Blank writing area for letter O

P

Blank writing area for letter P

Q

Blank writing area for letter Q

R

Blank writing area for the letter R

S

Blank writing area for the letter S

T

Blank writing area for the letter T

U

Blank writing area for the letter U

V

Blank writing area for the letter V

W

Blank writing area for the letter W

X

Blank writing area for the letter X

Y

Blank writing area for the letter Y

Z

Blank writing area for the letter Z

MY TRUTH

PHYSICAL

EMOTIONAL

MENTAL

SPIRITUAL
(GROWTH • CONTRACTION)

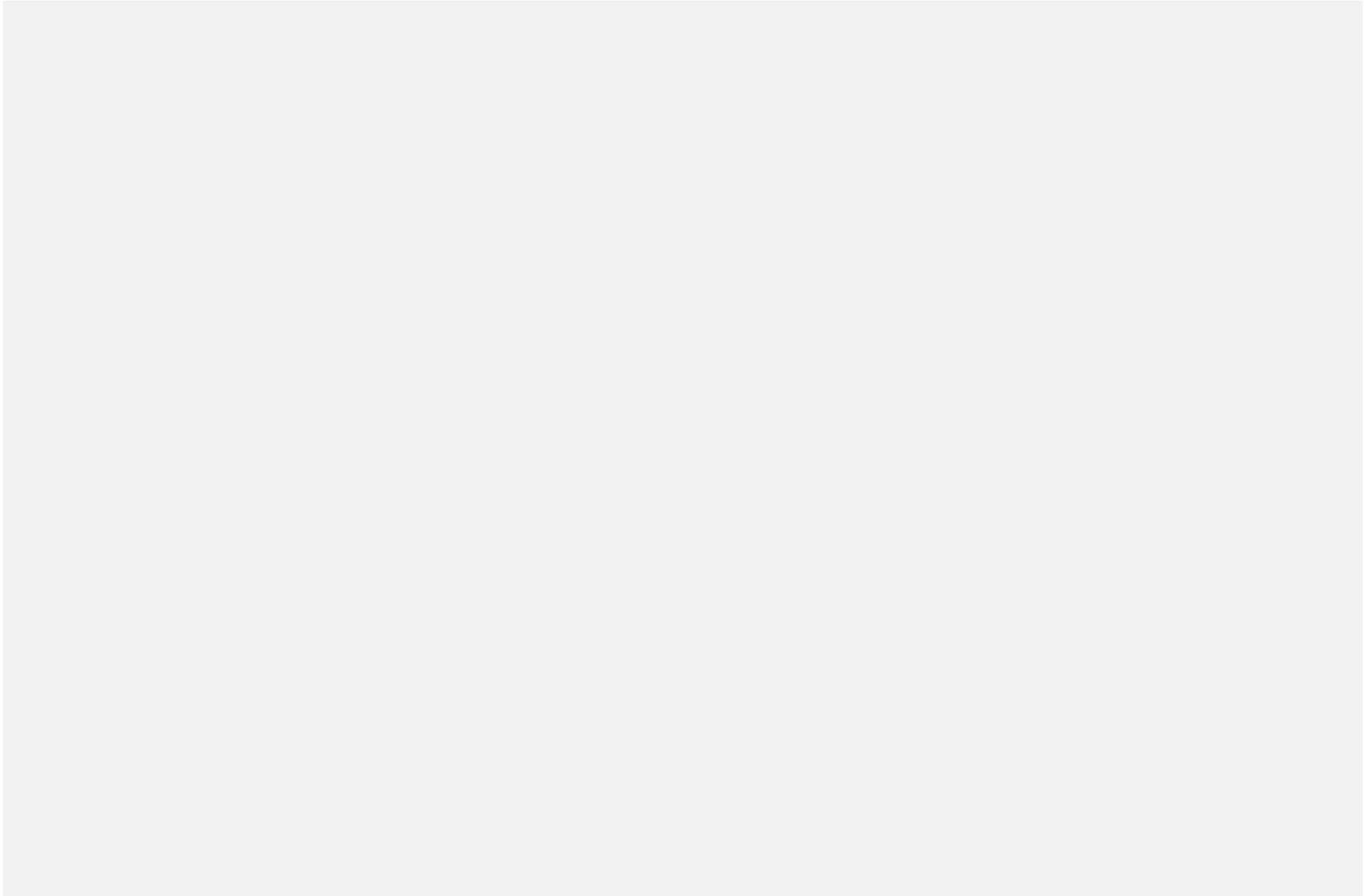
SOCIAL

PROFESSIONAL

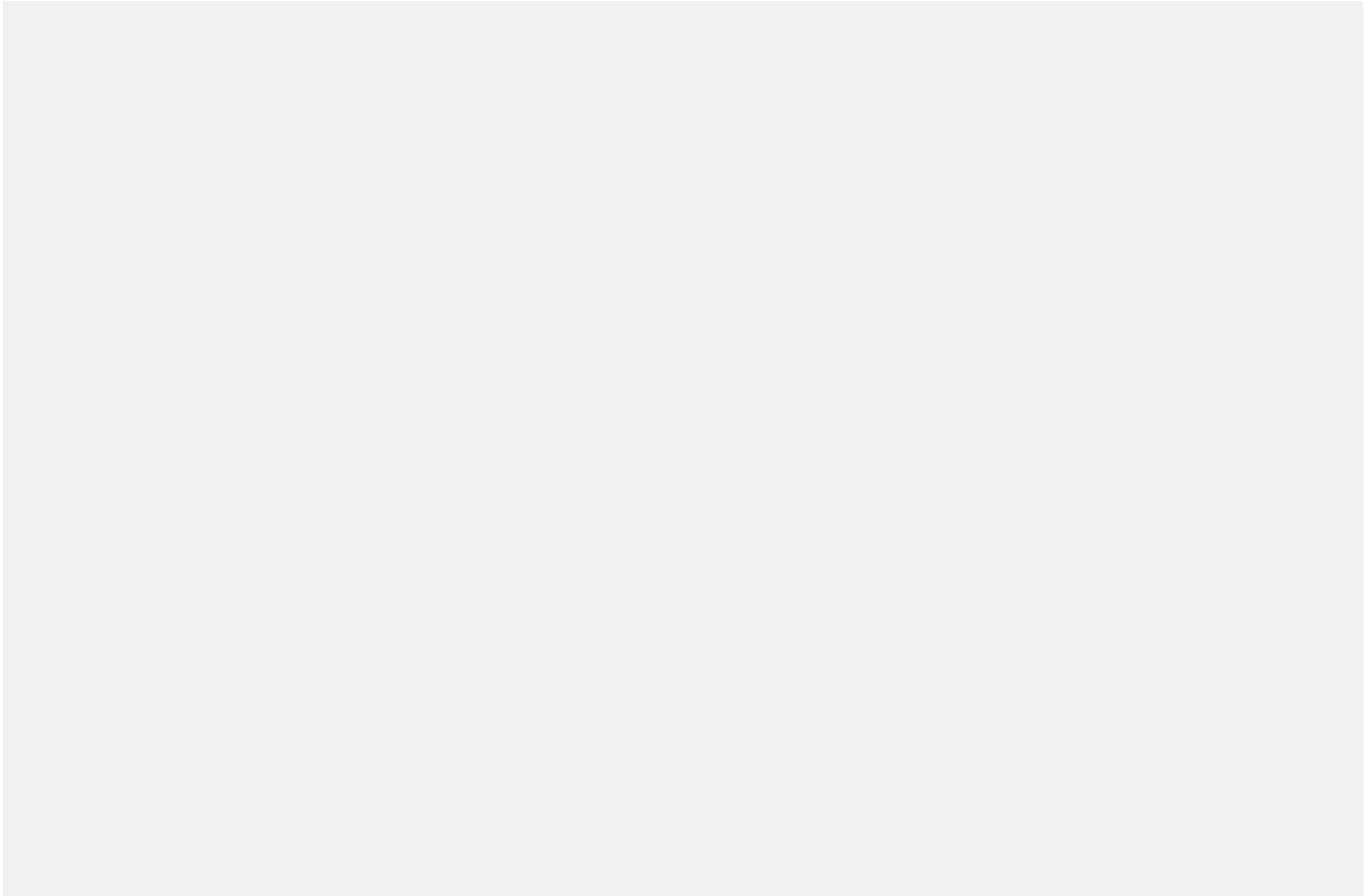
PERSONAL

FINANCIAL

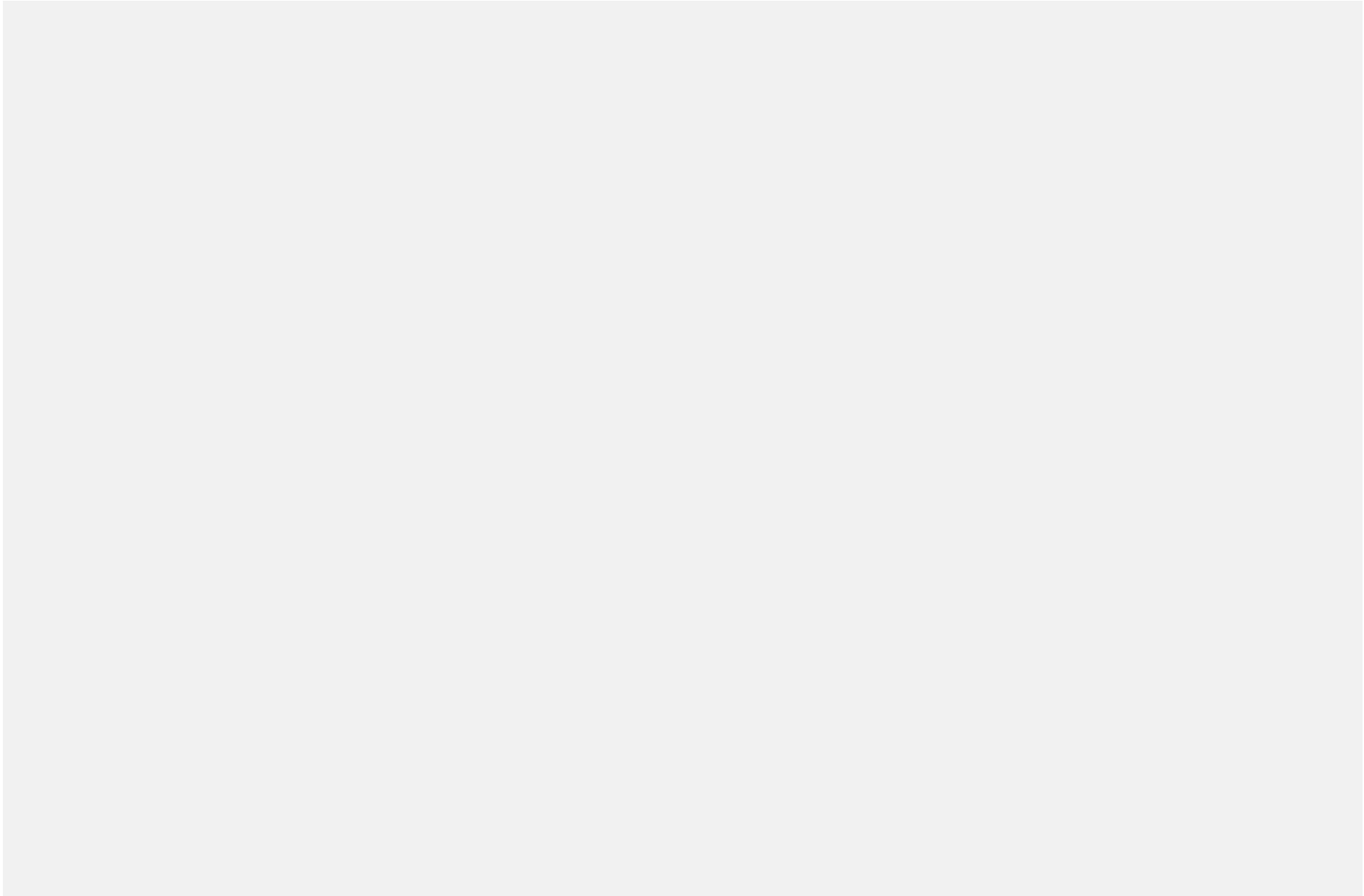
MY TRIUMPH



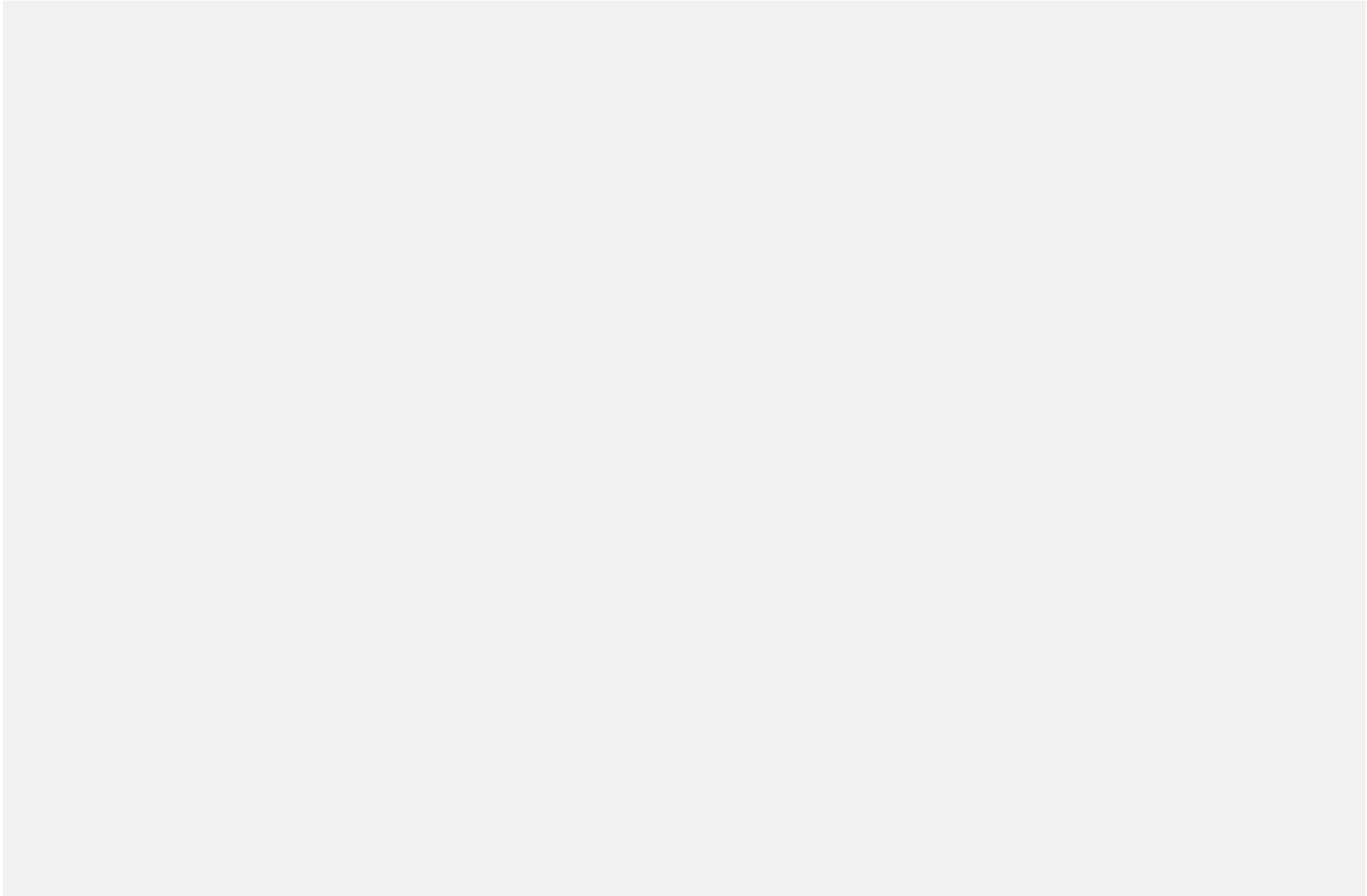
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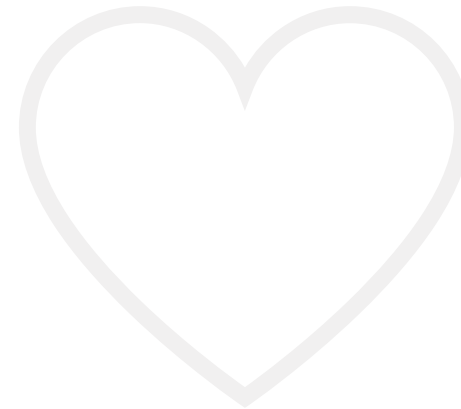


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MARKERS FOR SUCCESS



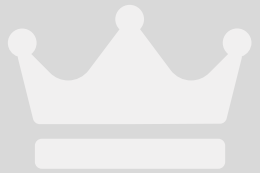


MARKERS FOR SUCCESS

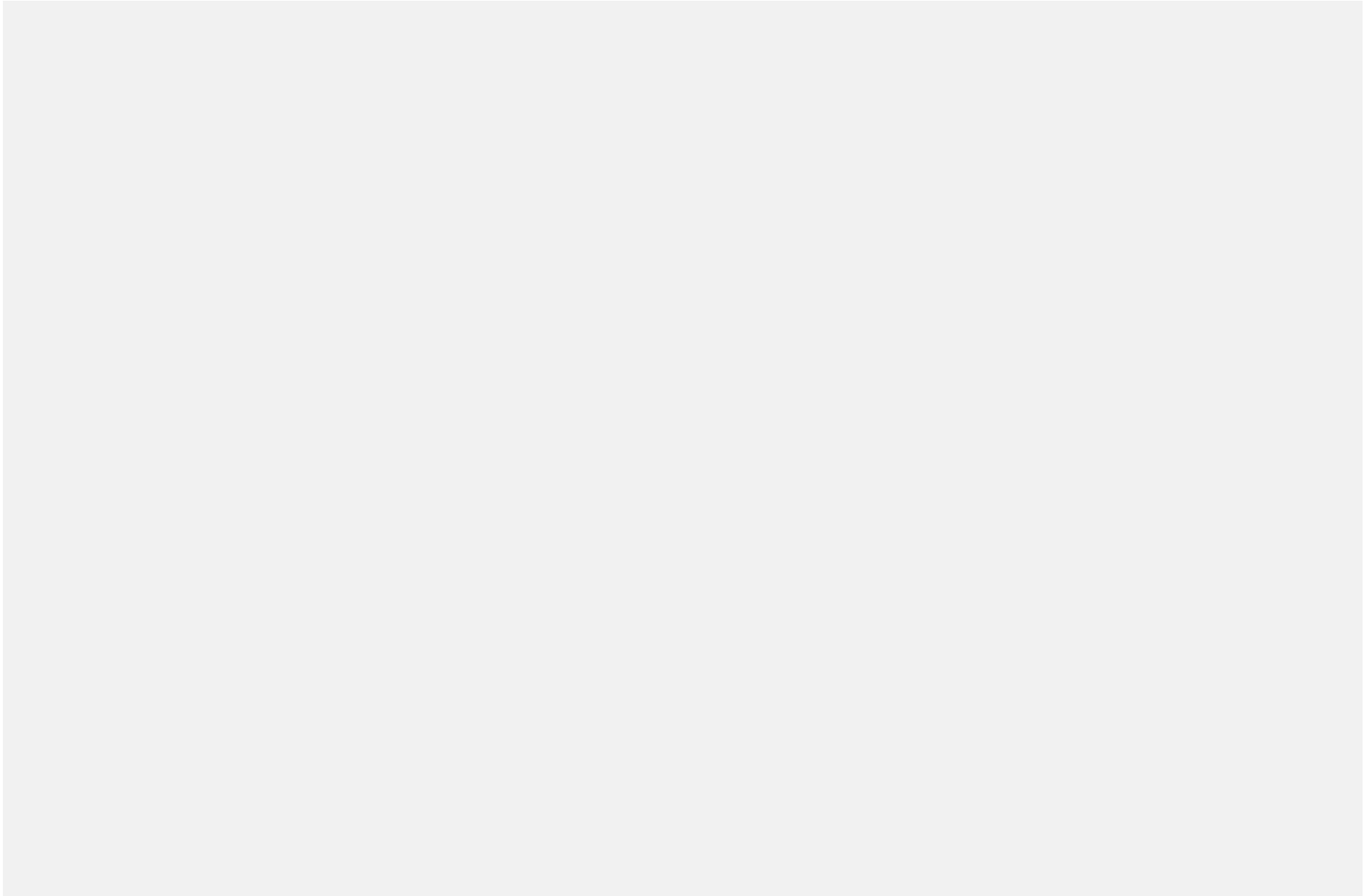
STOP

START

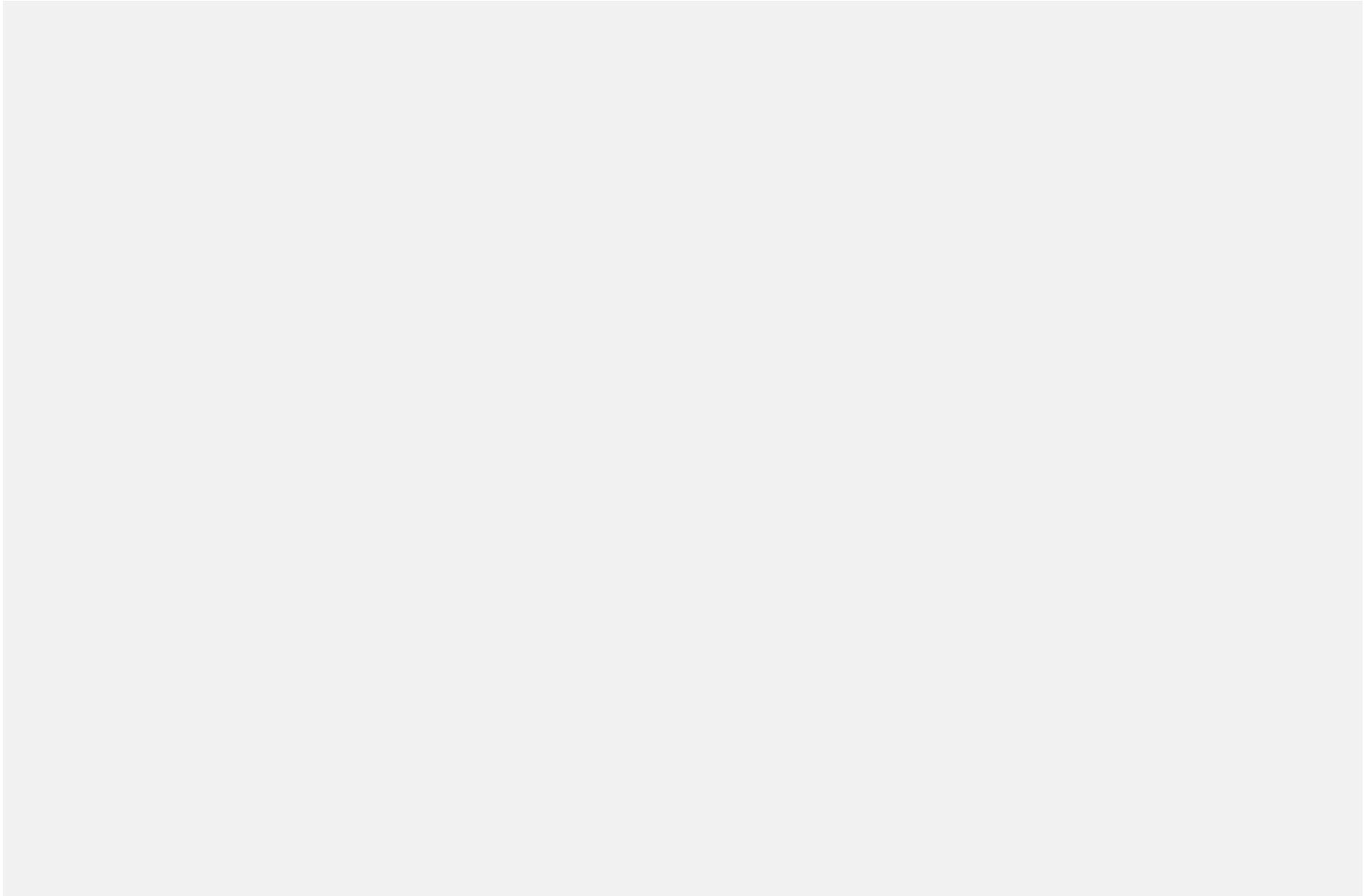
KEEP



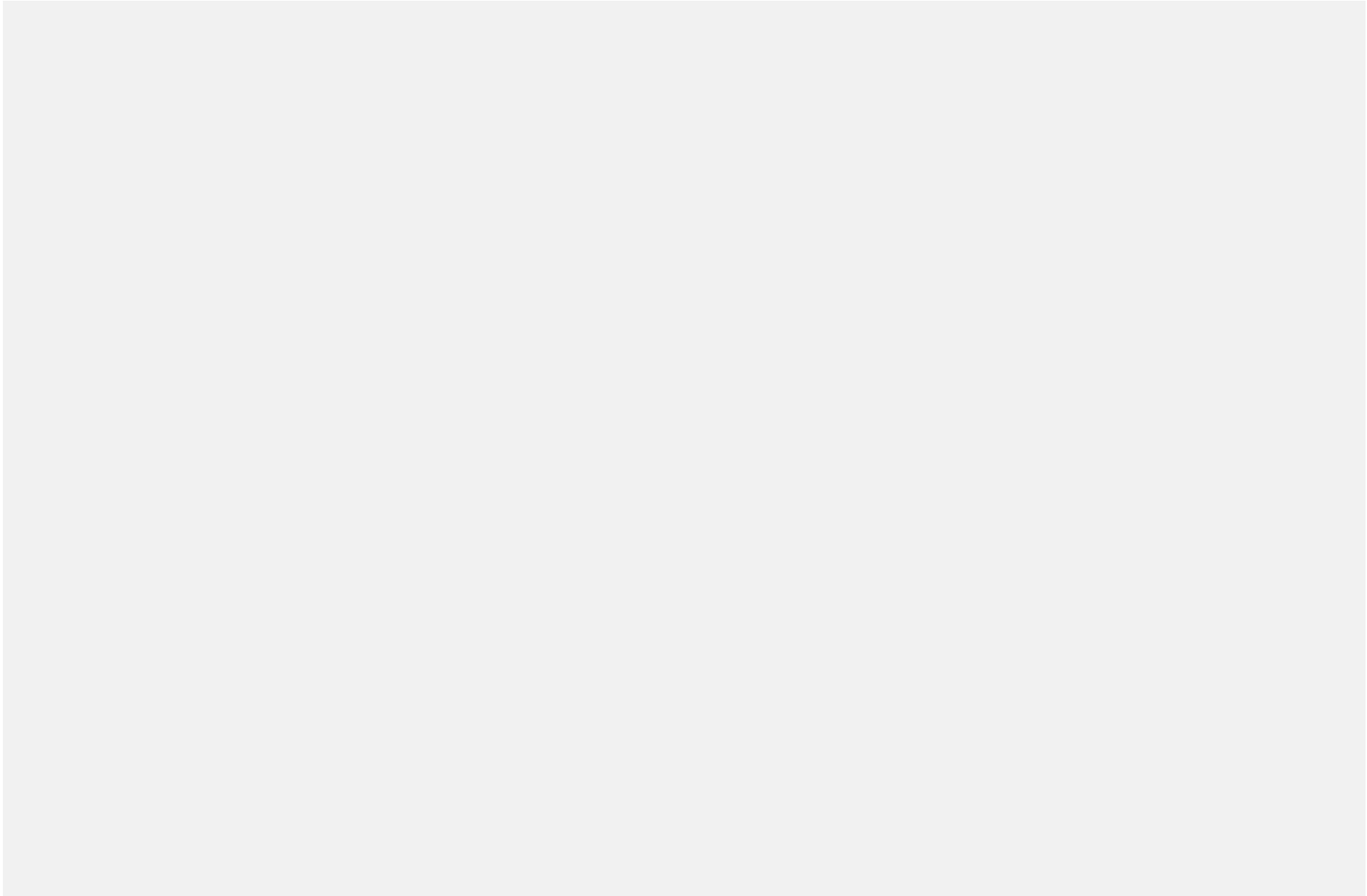
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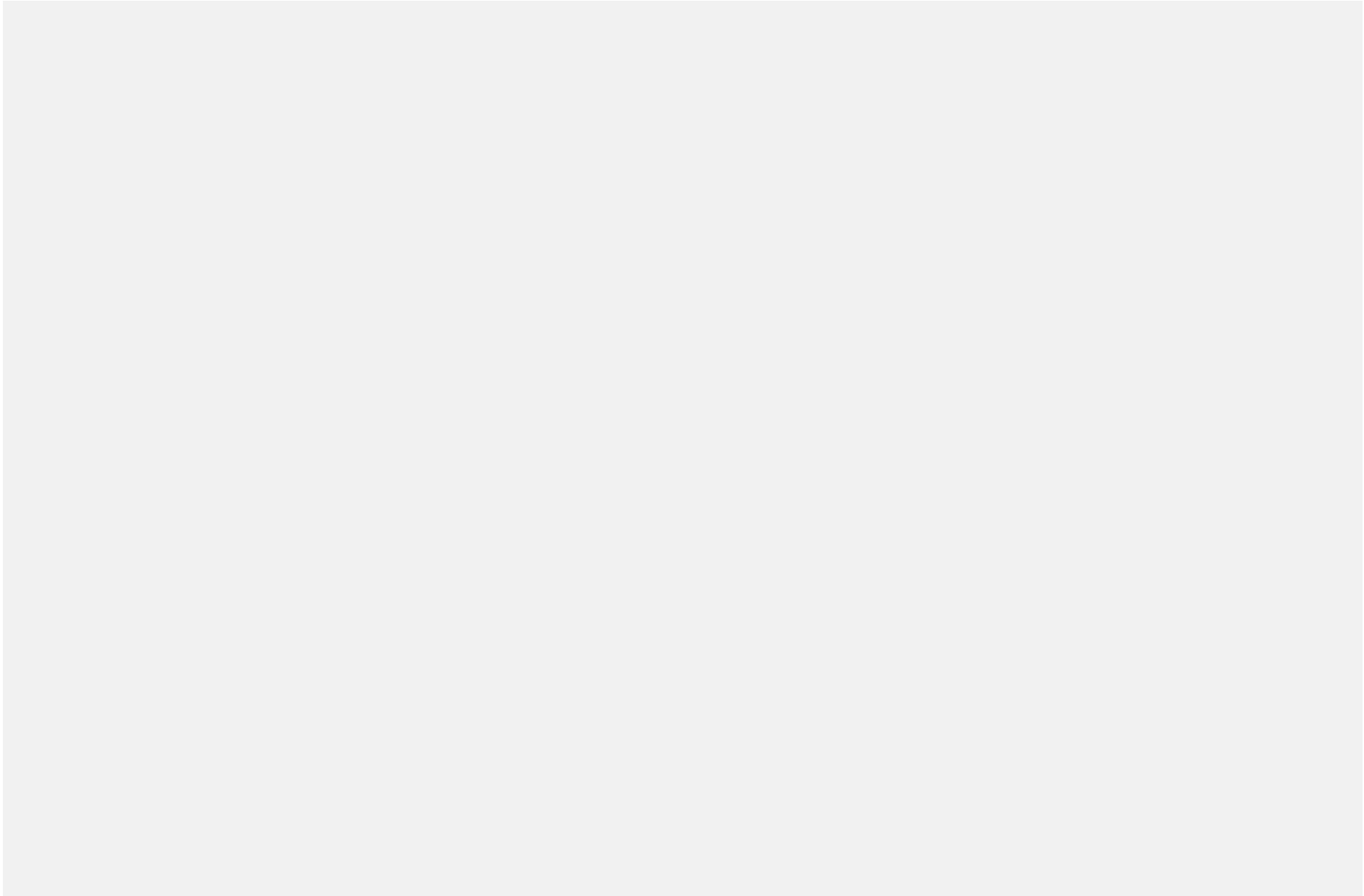
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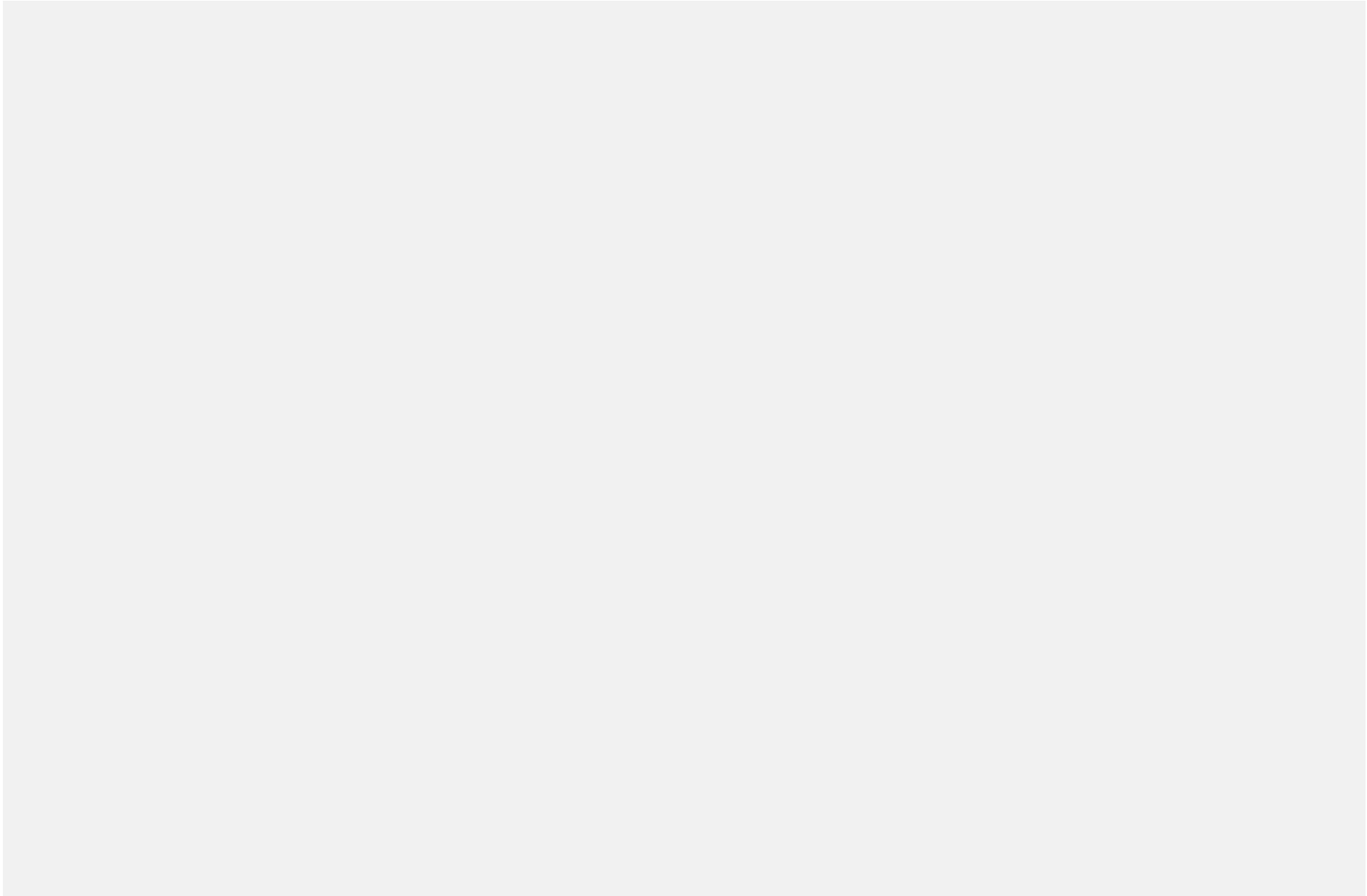
STRATEGIC PLANNING



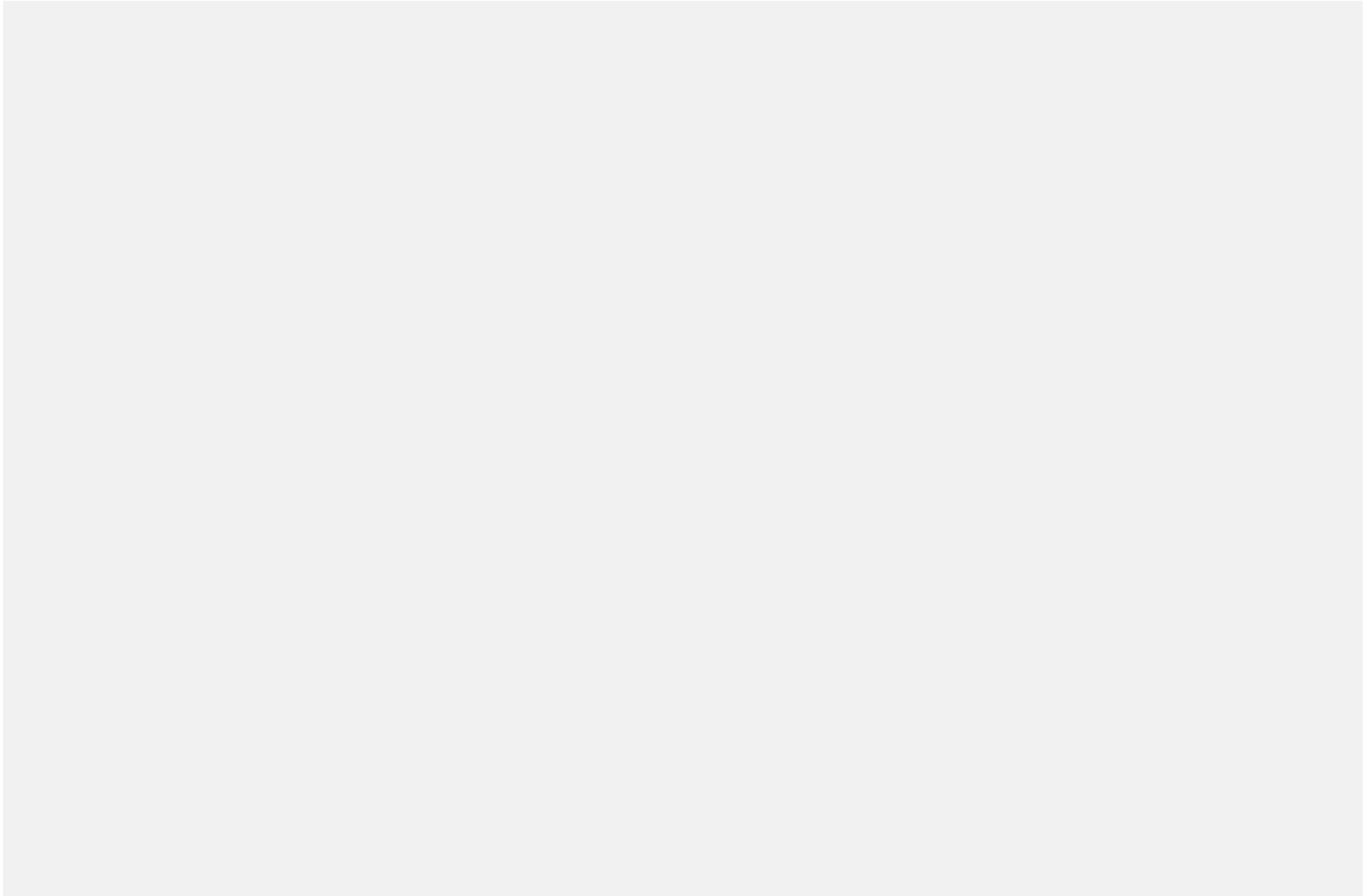
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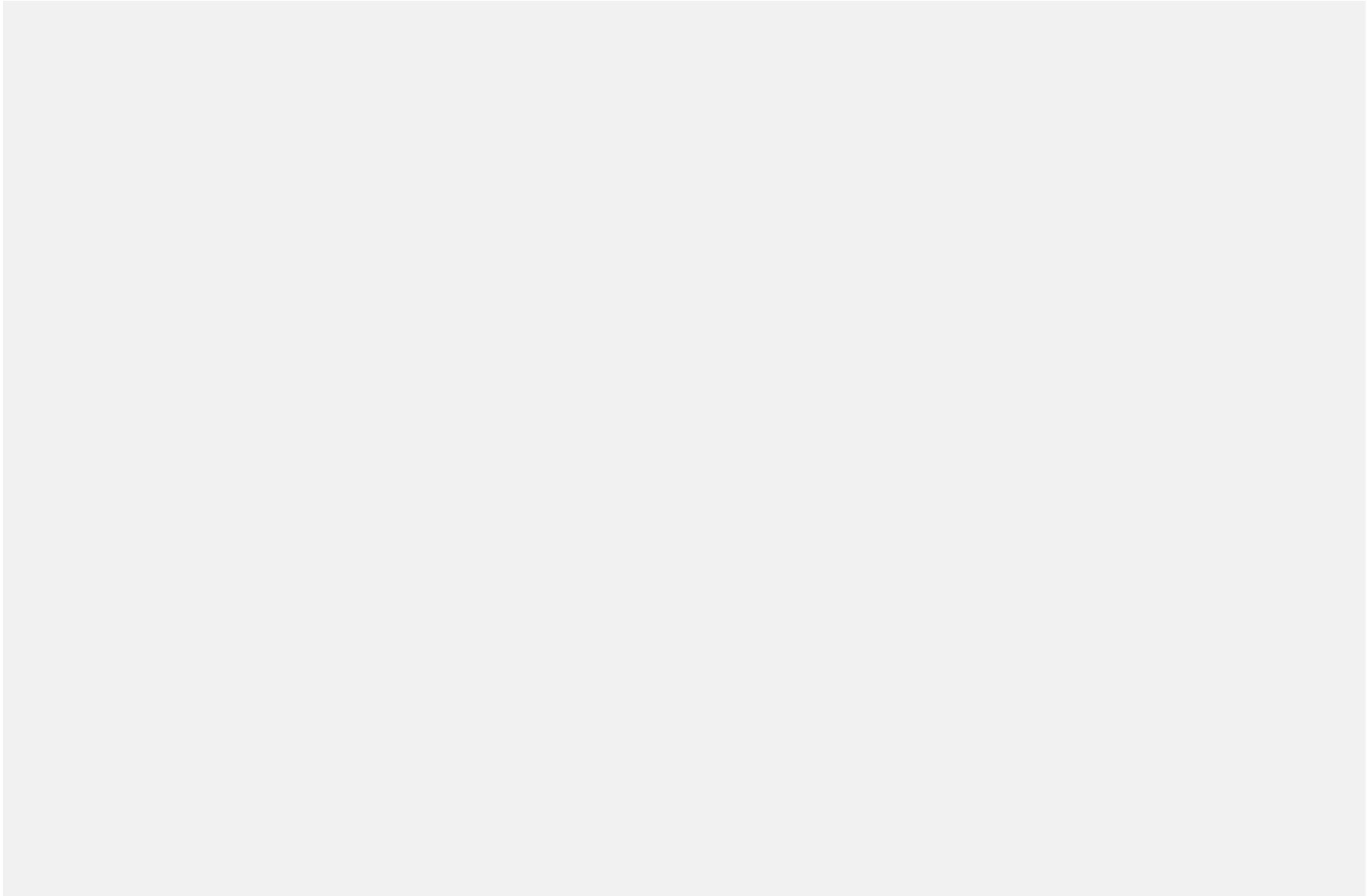
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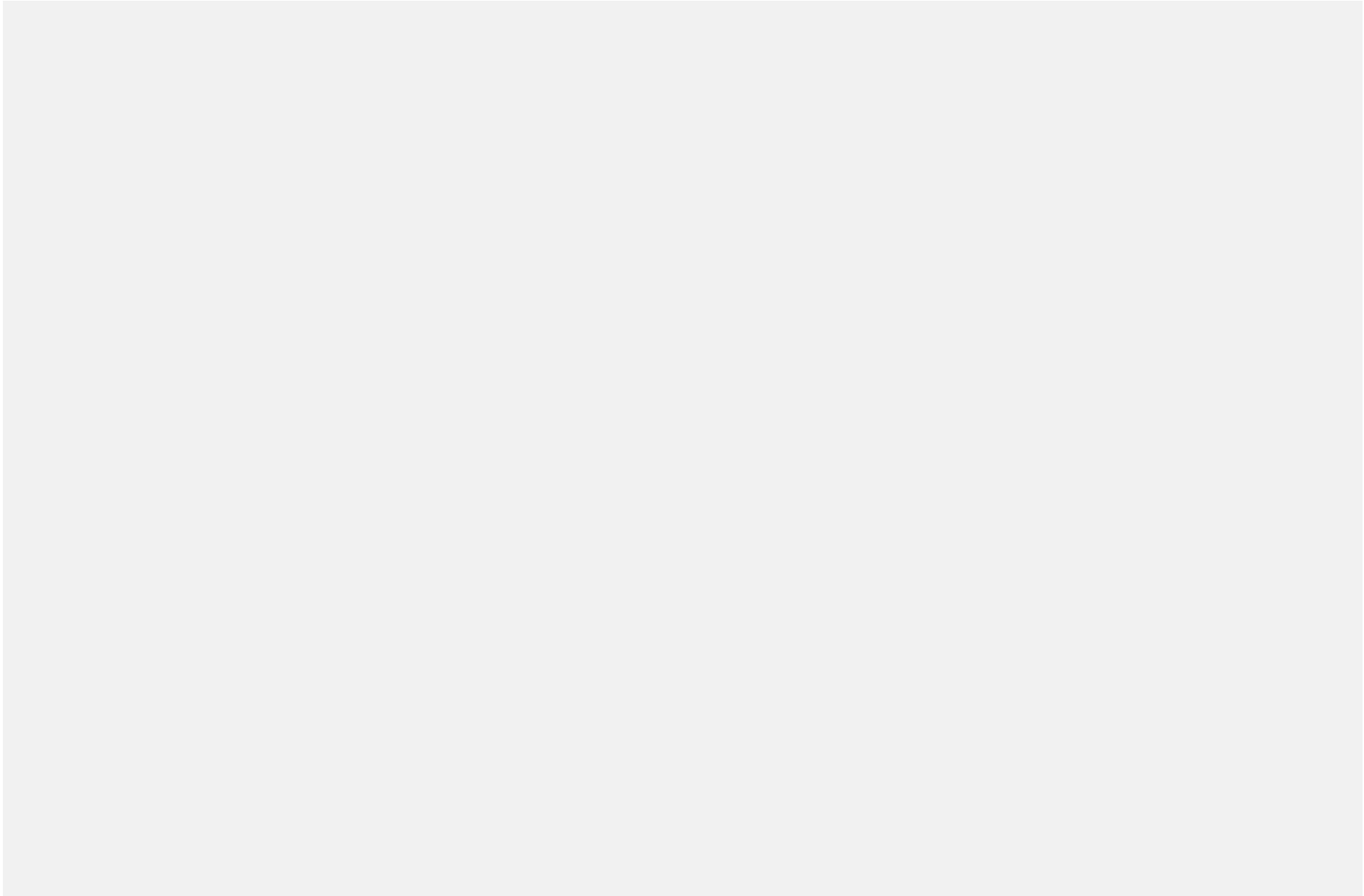
YOUR GAME PLAN



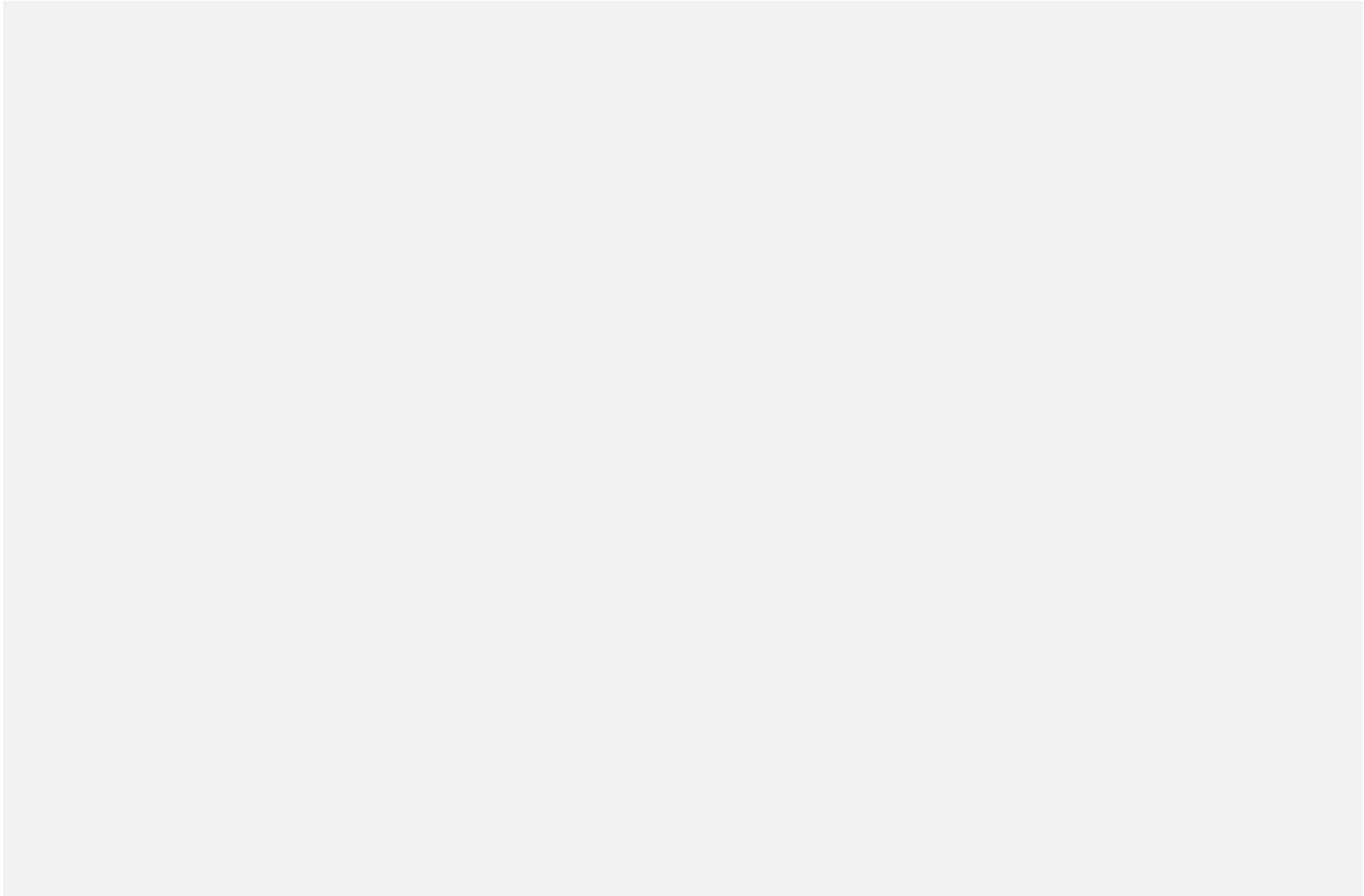
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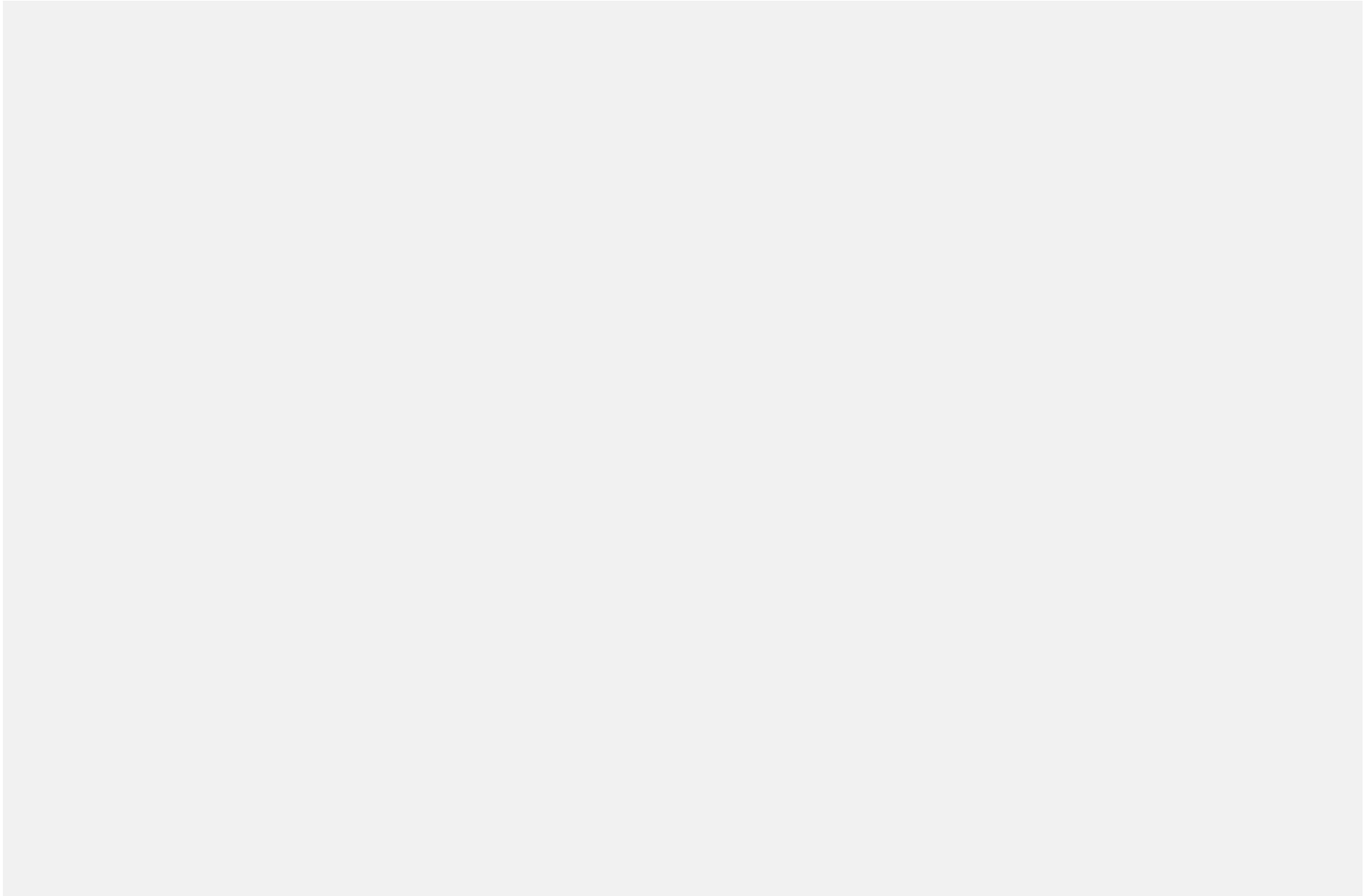
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FREEDOM - GROWTH - GENEROSITY - INTEGRITY - COURAGE



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