

Mental Health Risks Checklist



Have clear HR policies & procedures around EEO, Bullying Harassment & Discrimination



Be open to talking about mental health in the workplace & encourage employees to speak up



Develop clear Job Descriptions so people have certainty and clear expectations



Train and appoint mental health first responders to assist you manage risks and early intervention



Engage with an OHS expert to do regular risk assessments around psychological risks & hazards



Deal with performance issues as they arise to avoid stress claims